

# Catering



**FALL-WINTER 2026**

Food by FLIK

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At FLIK, **every customer** is our priority.

## ICONS



**AG** = Avoiding Gluten. Items prepared in our kitchen that are made without gluten containing ingredients



**V+** = Vegan. Contains absolutely no ingredients from animals or animal byproducts such as milk, eggs, honey, gelatin, whey, casein, rennet.



**V** = Vegetarian. Does not contain meat, fish or poultry but may contain milk or eggs.



**Fuel** = Items that meet specific criteria and are moderate in calories, fat and sodium.

# Ordering Info

## To Our Valued Guests

This menu was thoughtfully crafted to elevate your meeting experience with a focus on wellness. We appreciate your partnership and look forward to the opportunity to cater to you this season.

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## YOU ASKED, WE LISTENED

### SOUTHERN EATS MENU

Discover a new lineup featuring some of your favorite local flavors.

### ALLERGY AWARE MENU

A simplified way to make safe, informed choices—crafted to help you easily avoid the 9 major allergens.

### MEETING WELL MENU

Wellness-focused options designed to bring healthy, delicious choices to your next meeting

## Our Sustainability Goals

We strive to limit our impact on the environment. We have significantly reduced the amount of plastic serveware and are minimizing food waste through appropriate portioning and package sizes. Need assistance determining appropriate quantities for your meeting? Our catering managers are here to support you.

## Allergy and Dietary Preferences

We make every effort to accommodate dietary restrictions and avoid cross contact, however due to our open kitchens that handle all 9 major allergens and gluten, we cannot guarantee items will be completely “free” of any ingredient. Please advise the manager or chef of any allergy or dietary preferences. Kosher and Halal meals are available upon request.

**Looking for a better-for-you choice, but don't want to sacrifice flavor or cost? Fuel has you covered!**

We have integrated **Fuel** selections into most of our packages to help you choose foods that support health and wellbeing. In addition, our New Meeting Well Menu meets specific criteria and are moderate in calories, fat and sodium.

As part of Merck's wellness initiative, we have designed our menus to include water as the default beverage selection. All other beverages are available in Resource Scheduler.

# Breakfast

**ALL BREAKFAST BUFFETS SERVES 10** and includes coffee and water

## AVOCADO TOAST

Grilled Whole Grain Bread **V**,  
Mashed Avocado **AG, V+**,  
Hard Boiled Eggs **AG, V**, Feta **AG, V**  
Tomatoes **AG, V+**, Pickled Onions **AG, V+**, Sliced Cucumbers **AG, V+**

88.50

## AM WAKE UP

**Fuel** Sliced Fruit **AG, V+**,  
Mini Blueberry Scone **V**  
Mini Corn Muffins **V**  
Mini Cranberry Orange Muffins **V**

120.55

## EXECUTIVE BREAKFAST

**Fuel** Sliced Fruit **AG, V+**  
Ham, Red and Green Peppers, Onions, Swiss Frittata  
**Fuel** Roasted Vegetable Asiago Frittata **V**  
Cinnamon Apple Texas French Toast, Maple Syrup, **V**  
Applewood Smoked Bacon

147.25

## BREAKFAST SANDWICHES

*Selection of breakfast sandwiches to include:*  
Applewood Smoked Bacon, Egg, American Cheese, Croissant  
Sausage, Scrambled Egg, Cheddar, Potato, Scallion Burrito  
Egg, Sauteed Peppers and Onions, Swiss, Brioche Roll **V**

86.80

## ANYTIME BREAK

Chobani Yogurts **V**,  
Protein & Energy Bars **V**,  
Orange Coconut Loaf **V**  
Mini Banana Muffin **V**  
**Fuel** Sliced Fruit **AG, V+**

132.75

# Breakfast Additions

## BREAKFAST ADDITIONS *Each serves 10*

	54.35
<b>Individual Frittatas Choice:</b> Ham, Red and Green Peppers, Onions, Swiss Frittata <b>Fuel</b> Roasted Vegetable Asiago Frittata <b>V</b>	
<b>Fuel</b> Scrambled Eggs <b>AG, V</b>	20.45
Applewood Smoked Bacon	29.90
Turkey Bacon	29.90
Pork Sausage Links	16.25
Home Fried Potatoes <b>V+</b>	18.15
Mini Muffins & Danish <b>V</b>	18.40
Cheddar Biscuits	15.60
Orange Juice <b>AG, V+</b> serves 5	10.50

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## ALL DAY ADDITIONS *Each serves 5*

Chobani Yogurt <b>AG, V</b>	12.75
Seasonal Yogurt Parfaits <b>V</b>	17.85
Protein & Energy Bars <b>V</b>	17.50
Trail Mix, 5 oz. <b>V+</b>	21.70
Granola Bars/Candy Bars	12.25
Individual Chips and Pretzels <b>V+</b>	10.25
Flik Signature Chocolate Chip Cookies <b>V</b>	11.25

## ALL DAY ADDITIONS *Each serves 10*

Sliced Fruit <b>AG, V</b>	61.00
Flik Chips <b>V</b>	16.35
Coffee, Regular or Decaf	20.55
Hot Tea	20.55
Mutombo Coffee Regular or Decaf Serves 20	45.95

Add Ons

# Sandwiches

*Includes water and individual bags of chips and pretzels.*

## ITALIAN DELI

168.50

Italian Combo, Ham, Salami, Pepperoni, Banana Peppers, Provolone, Shredded Lettuce, Tomato, Crusty Italian Baguette

Smoked Turkey, Roasted Red Peppers, Leaf Lettuce, Sun Dried Tomato Pesto, Focaccia Roll

Grilled Chicken Caesar Wrap, Romaine, Parmesan  
(Caesar Dressing contains Anchovies)

Caprese – Fresh Mozzarella, Tomato, Fresh Basil, Balsamic Glaze, Crusty Italian Baguette

## WRAPS, BAGUETTES

168.50

**Fuel** Roast Turkey, Apple, Honey, Brie Cheese, Baby Greens, Whole Wheat Wrap

Crispy Chicken, Pepperjack, Lettuce, Tomato, Baguette

Black Forest Ham, Swiss, Lettuce, Tomato, Honey Mustard, Baguette

Grilled Vegetable, Roasted Red Pepper Hummus, Lettuce, Wrap **V+**

**In response to your feedback, vegan and non-vegan sandwiches for 5 have been added to Resource Scheduler.**

# Sandwiches

## ALL SANDWICH BUFFETS SERVES 10

Includes water and creamy cole slaw.

### SOUTHERN COMFORT SANDWICH PACKAGE

206.25

Fried Chicken, Bread & Butter Pickle Chips,  
Lettuce Tomato, Creamy Mayo, Toasted Brioche Bun

Roast Turkey, Apple Sausage Stuffing,  
Provolone, Mayo, Ciabatta

Pit Smoked Ham, Cheddar, Tomatoes, Lettuce  
Honey Mustard Sauce, Multigrain Bread

BLT Twist Wrap, Applewood Smoked Bacon, Lettuce,  
Tomato, Pimento Cheese

### FLIK SIGNATURE SANDWICHES

206.25

Roast Turkey, Gruyere Cheese, Fig Jam, Arugula,  
Brioche Roll

Thin Sliced Roast Pork, Broccoli Rabe, Provolone,  
Herb Garlic Aioli, Sour Dough Roll

Crispy Chicken, Fresh Mozzarella, Roasted Tomatoes  
Baby Greens, Pesto Mayo, Whole Wheat Wrap

Falafel, Tzatziki Sauce, Pickled Red Onions, Lettuce,  
Tomato, Whole Wheat Wrap **V**

**Beverage selections can be  
found in Resource Scheduler.**



# BYO Salad Bowl

All salads serve 10 and include water.

## **GRILLED PESTO CHICKEN SALAD**

Grilled Pesto Chicken Breast  
Romaine and Spinach  
Sun Dried Tomato Julienne  
Marinated Artichokes,  
Roasted Red Peppers,  
Fresh Mozzarella  
Balsamic Vinaigrette

196.50

## **BUFFALO CHICKEN SALAD**

Country Fried Buffalo Chicken  
Crisp Romaine and Shredded Cabbage  
Diced Tomatoes, Diced Cucumber, Red Onions  
Shredded Carrots, Cheddar, Diced Bell Peppers  
Avocado Ranch Dressing

196.50

## **GRILLED FLANK STEAK SALAD**

Grilled Flank Steak  
Baby Arugula and Kale,  
Shaved Brussel Sprouts, Diced Apples,  
Feta, Pomegranate Seeds.  
Toasted Pepitas,  
Cranberry Maple Vinaigrette **V+**

228.25

**Additional proteins and premium proteins are available to enhance your salad on page 9.**

# Lunch Buffets

## ALL HOT BUFFETS SERVES 10

*Includes water*

### TASTE OF ASIA

Ginger Lemongrass Shrimp  
Vegetable Fried Jasmine Rice **V+**  
Baby Bok Choy, Sesame, Garlic **V+**

250.15

### TAQUERIA BAR

Southwest Seasoned Ground Beef **AG**  
Spanish Rice, Cilantro Black Beans  
Roasted Tomato Salsa, Shredded Cheddar,  
Diced Onions, Diced Tomatoes,  
Jalapenos, Shredded Lettuce,  
Sour Cream, Soft and Hard Tacos

206.25

### ITALIAN TWIST

Choice of Classic Chicken Parmesan or  
Pan Seared Chicken Piccata, Lemon Butter  
Pasta Marinara, Fresh Basil  
Caesar Salad, Caesar Dressing  
Parmesan Croutons **V**

206.25



# Lunch Buffets (cont.)

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## LUNCH BUFFET ADDITIONS

Enhance any lunch buffet or salad with the add-ons below.  
Each add-on serves 10.

### PREMIUM PROTEINS 119.45

**Fuel** Ginger Lemongrass Shrimp **AG**

**Fuel** Grilled Flank Steak **AG**

**Fuel** Sweet Chili Glazed Salmon  
(available Wednesday only)

### PROTEINS

**Fuel** No Nut Pesto Chicken Breast 54.35

Falafel, Tzatziki Sauce **V** 49.00

### SIDES 24.00

Classic Caesar, Caesar Dressing (contains anchovies)

Creamy Cole Slaw **V**

Pasta Salad **V**

Mashed Potatoes

Maple Glazed Sweet Potatoes **AG, V+**

**Fuel** ROASTED ROOT VEGETABLE PLATTER **AG, V+** 54.35

Roasted Baby Carrots, Roasted Parsnips,  
Roasted Butternut Squash, Roasted Beets, Brussels Sprouts

# Pizza

## **PIZZA BY THE PIE**

Individual Pies

Plain Pizza **V** 10.75

Pizza with Toppings 12.75

- Veggie
- Pepperoni
- Sausage
- Meat Lovers

**CHEF CRAFTED PIZZA** 12.75

Chipotle BBQ Chicken Pizza  
Diced Tomatoes, Peppers,  
Onions

**Check out the SOUTHERN EATS  
menu on the Dining Website  
[Merck Catering](#)**

# Breaks

## ALL BREAKS SERVES 10

### THE BOARD ROOM

Seasonal Crudité Board, Heirloom Vegetables  
Roasted Red Pepper Hummus **V+**  
Tzatziki Sauce **V+**  
Crisps, Flatbreads, Grilled Pita **V**

65.00

### FLAVORS OF ITALY

Thin Sliced Prosciutto, Genoa Salami, Fresh Basil  
Sicilian Tomato Eggplant Caponata **V+**  
Fresh Ricotta, Truffle Drizzle **V**  
Fig Jam **V+**  
Grilled Flatbread **V**

87.00

### GUACAMOLE & CHIPS **V**

Guacamole  
Crispy Tortilla Chips

51.10

### SAVORY PRETZELS

Pretzel Bites **V**  
Spicy Brown Mustard **V+**  
Bacon Ranch Dip

63.80

### ARTISAN CHEESE **V**

Selection of Domestic, Imported & Local  
Cheeses, Seasonal Fruit  
Crisps, Flatbreads and Crostini

76.60

### FLIK CHIPS & ONION DIP **V**

FLIK Chips  
House Made Caramelized Onion Dip

51.10

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**Contact Your Catering Director or Café Manager  
for Special Events and Catering Suggestions.  
Contact information on page 15**



# Desserts

## ALL DESSERTS SERVES 10

### FEATURED DESSERT V

Banana Pudding

45.95

### LIGHT & SWEET V

**Fuel** Sliced Fruit **AG, V+**

Chocolate Olive Oil Cake **V**

FLIK No-Bake Date and Cranberry Seed Bar

**AG, V+**

67.90

### FLIK SIGNATURE DESSERTS V

FLIK Chocolate Chip Cookies

Ginger Molasses Cookies

Red Velvet Loaf

Chocolate Pretzels

72.50

### COOKIES & BROWNIES V

FLIK Signature Chocolate Chip Cookies

FLIK Signature Oatmeal Raisin Cookies

Double Chocolate Brownies

51.10

### CUPCAKES

By the dozen

64.30



# Southern Eats

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**Serves 10 and Includes water.**

**SOUTHERN FAVE SANDWICHES** **170.00**

Nashville Hot Chicken Wrap  
Smoked Ham & Pimento Sandwich  
Southern Tomato Sandwich **V**  
Flik Chips **V**

**SHRIMP & GRITS** **225.00**

Cajun Shrimp  
Andouille Sausage  
Creamy Grits **V**  
Shredded Cheddar **V**  
Scallions **V+**

**EASTERN NORTH CAROLINA BBQ** **195.00**

Pulled Pork, Buns  
Broccoli, Cheddar, Bacon Salad  
Deviled Egg Potato Salad **V**

**SOUTHERN BAKED MAC & CHEESE BAR** **195.00**

Creamy Mac and Cheese **V**  
Crispy Chicken  
Chopped Bacon  
Diced Tomatoes **V**  
Sliced Jalapenos  
Scallions **V**

*Contact Your Café Manager Or Director  
for Southern Eats and Catering Suggestions.*

# Meeting Well

**Fuel**

Items that meet specific criteria and are moderate in calories, fat and sodium.

## ALL BREAKFAST PACKAGES SERVES 10

Includes coffee & water

### Fuel BREAKFAST SANDWICHES

Selection of breakfast sandwiches to include:

Egg White, Feta, Wheat English Muffin **V**

Egg White, Spinach, Swiss, Whole Wheat Sandwich Thin **V**

Egg, Turkey Sausage, Cheddar Cheese, Wheat English Muffin

86.80

### Fuel MORNING WAKE UP

Sliced Fruit **AG, V+**,

Apricot Oatmeal Bar **V+**

Individual Greek Yogurts **V**

KIND Bars **V**

86.80

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## ALL PACKAGES SERVES 10 Includes water

196.55

### BYO Fuel BURRITO BOWL, AG, V

Cilantro Lime Chicken, Cilantro Lime Brown Rice, Roasted Bell Peppers & Onions, Black Beans, Shredded Lettuce, Pico de Gallo, Queso Fresco, Limes

### Fuel FILIPINO CHICKEN ADOBO

Fuel Filipino Adobo Soy Garlic Chicken Thighs

Fuel Vegetable Jasmine Fried Rice **V+**

Fuel Steamed Broccoli, Red Peppers **V+**

206.25

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## ALL PACKAGES SERVES 10

### Fuel SOUTHWEST BREAK

Poblano, Avocado, Farro Dip **V+**

Pico de Gallo **V+**

Carrots, Broccoli Florets, Cucumbers **V+**

Baked Tortilla Chips **V**

51.10

### Fuel LIGHT & SWEET

Sliced Fruit **AG, V+**

Chocolate Olive Oil Cake **V**

FLIK No-Bake Date and Cranberry Seed Bar

**AG, V+**

67.90

# Allergy Aware

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## Menu items prepared without the top 9 allergens and gluten.

Please note that we will make every effort to accommodate special requests. However, due to our open kitchens that handle the major allergens (fish, shellfish, milk, eggs, soy, wheat, peanuts, tree nuts, sesame), gluten and other ingredients for preparation of other menu items, we cannot guarantee that items will be completely "free" of any ingredient.

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### **BYO SALADS SERVES 10** Includes water

#### **ALLERGY AWARE Fuel GREEK CHICKEN SALAD PACKAGE**

196.55

Herb Grilled Chicken Breast,  
Romaine, Chickpeas, Cucumbers, Tomatoes  
Black Olives, Red & Yellow Bell Peppers,  
Pepperoncini, Quinoa, Red Wine Vinaigrette

#### **ALLERGY AWARE Fuel ROAST TURKEY SALAD PACKAGE**

228.25

**Fuel** Roast Turkey, Baby Greens,  
Roasted Beets, Roasted Carrots,  
Pear, Dried Cherries, Pepitas,  
Cranberry Maple Vinaigrette

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### **HOT BUFFETS SERVES 10** Includes water

#### **ALLERGY AWARE STEAK PACKAGE**

250.15

**Fuel** Grilled Flank Steak  
Roasted Sweet Potatoes **V+**  
Roasted Tri Color Baby Carrots and Parsnips **V+**,  
Roasted Brussels Sprouts **V+**

#### **ALLERGY AWARE CHICKEN TINGA PACKAGE**

206.25

**Fuel** Chicken Tinga,  
Al Pastor Butternut Squash **V+**  
**Fuel** Cilantro Brown Rice **V+**,  
Black Bean Salsa **V+**,  
Limes

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# Catering Policies

## **SPECIAL EVENTS**

Our catering managers are happy to assist you with your next special function. We offer wait staff, equipment rentals, and a variety of other non-food services. Bar service is available upon request.

## **WILSON:**

Emily MacRae, Chef Manager

[Emily.MacRae@compass-usa.com](mailto:Emily.MacRae@compass-usa.com)

919.348.5563 (C) 252.246.6260 (O)

## **PLACING ORDERS**

Merck protocol requires that all orders must be processed via Resource Scheduler and include a valid cost center number.

The final cost of your event will be sent via your Resource Scheduler confirmation email.

To ensure availability and secure delivery times, we encourage you to place catering orders 48 hours following day. Menus are subject to change based on market availability.

## **DELIVERY AND SERVICE FEES**

**After business hours and large events may require an additional service charge.**

## **CANCELLATIONS**

Standard orders cancelled within 48 hours of service will not be charged.

If your order is cancelled 24 hours in advance (1 business day), and items have not already been prepared, then no charges will be incurred. If your order has already been started, a cancellation fee will be assessed.