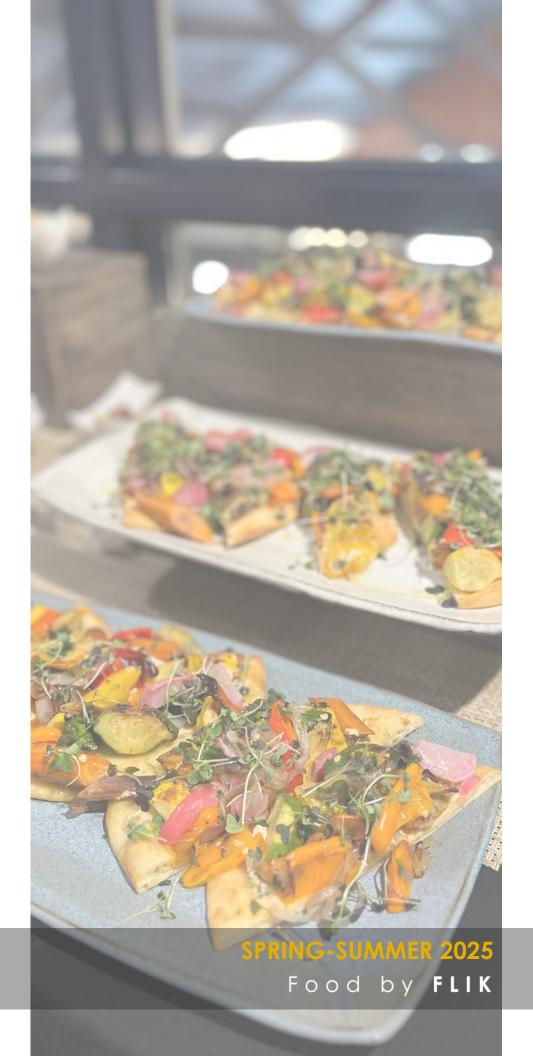
# L'aterring leral



## Contents

Ordering into	3
Breakfast	4
Breakfast Additions	5
Sandwiches	6, 7
BYO Salad Bowl	8
Lunch Buffets	9, 10
Pizza & All-Day Additions	11
Breaks	12
Desserts	13
Fuel Meeting Well Packages	14
Allergy Aware Packages	15
Catering Policies	16

## **ICONS**



AG = Avoiding Gluten.
Items prepared in our
kitchen that are made
without gluten containing
ingredients



V+ = Vegan. Contains absolutely no ingredients from animals or animal byproducts such as milk, eggs, honey, gelatin, whey, casein, rennet.



V = Vegetarian. Does not contain meat, fish or poultry but may contain milk or eggs.



Fuel = Items that meet specific criteria and are moderate in calories, fat and sodium.

At **FLIK**, **every customer** is our priority.

## Ordering Info

## To Our Valued Guests

This menu was created to enhance your meeting experience with a focus on wellness and the bounty of the season. It will be a nimbler menu, with the ability to adopt new culinary trends while incorporating seasonality and your feedback throughout the year. As always, we appreciate your business and look forward to the opportunity to cater to you this fall.

## You Asked, We Listened

- New signage delivered with catering
- Kraft paper boxes replaced plastic trays, reducing plastic that goes to the landfill
- Allergy and Dietary Restriction special request added to Resource Scheduler
- Add-on vegan and vegetarian sandwiches for 5 in Resource Scheduler

## Our Sustainability Goals

We strive to limit our impact on the environment. We have significantly reduced the amount of plastic serviceware and are minimizing food waste through appropriate portioning and package sizes. Need assistance determining appropriate quantities for your meeting? Our catering managers are here to support you.

## Allergy and Dietary Preferences

We make every effort to accommodate dietary restrictions and avoid cross contact, however due to our open kitchens that handle all 9 major allergens and gluten, we cannot guarantee items will be completely "free" of any ingredient. Please advise the manager or chef of any allergy or dietary preferences. Kosher and Halal meals are available upon request.

## Looking for a better-for-you choice, but don't want to sacrifice flavor or cost? Fuel has you covered!

We have integrated Fuel selections into most of our packages to help you choose foods that support health and wellbeing.

For more Fuel selections, see page 14 for our Meeting Well packages.

As part of Merck's wellness initiative, we have designed our menus to include water as the default beverage selection. All other beverages are still available in Resource Scheduler.

ALL BREAKFAST BUFFETS SERVES 10 Includes coffee & water

## 86.75 Grilled Whole Grain Bread V, Mashed Avocado AG, V+, Hard Boiled Eggs AG, V, Feta AG, V Tomatoes AG, V+, Pickled Onions AG, V+, Sliced Cucumbers AG, V+ AM WAKE UP 117.75 Fuel Sliced Fruit AG, V+, Raspberry Crumb Cake V Very Berry Muffins V 144.25 **EXECUTIVE BREAKFAST** Fuel Egg, Applewood Smoked Bacon, Cheddar Chive Frittata Southwest Egg, Pepper, Corn, Tomato, Onion, Pepperjack Frittata V Blueberry Texas French Toast, Maple Syrup, V Applewood Smoked Bacon Fuel Sliced Fruit AG, V+ **BREAKFAST SANDWICHES**

**AVOCADO TOAST** 

Selection of breakfast sandwiches to include: Egg, American Cheese, Tomato, Whole Wheat English Muffin Black Forest Ham, Gruyere Cheese, Croissant Applewood Smoked Bacon, Egg, Cheddar, Brioche Roll

**ANYTIME BREAK** Includes coffee & water Individual Yogurts V, Protein & Energy Bars V, Very Berry Muffins V Apricot Lattice Bar V, Fuel Sliced Fruit AG, V+

130.00

## Breakfast Additions

BREAKFAST ADDITIONS Each serves 10	
Individual Frittatas Choice: Fuel Egg, Applewood Smoked Bacon, Chives, Cheddar Frittata	53.25
Southwest Egg, Pepper, Corn, Tomato, Onion, Pepperjack Frittata ${\bf V}$	
Fuel Scrambled Eggs AG, V	20.00
Applewood Smoked Bacon	29.25
Turkey Bacon	29.25
Pork Sausage Links	13.50
Home Fried Potatoes <b>V+</b>	17.75
Sliced Fruit <b>AG</b> , <b>V</b> +	59.75
Berry Bowl <b>AG</b> , <b>V+</b>	33.00
Mini Muffins & Danish <b>V</b>	18.00
Box of Joe Regular or Decaf	20.15
BREAKFAST ADDITIONS Each serves 5	
Individual Yogurt <b>AG</b> , <b>V</b>	17.50
Seasonal Yogurt Parfaits <b>V</b>	17.50
Protein & Energy Bars <b>V</b>	17.00
Trail Mix 1.8 oz	10.50
Orange Juice <b>AG</b> , <b>V</b> +	10.25

## Sandwiches

## **ALL SANDWICH BUFFETS SERVE 10**

Includes water and individual bags of chips and pretzels.

CORNER DELI 165.00

Fuel Chunky Chickpea Hummus "Salad", Lettuce, Tomato, Whole Wheat Thin **V+** 

Crispy Chicken, Pepperjack. Lettuce, Tomato Wrap

Roast Beef, Swiss, Cheese, Lettuce, Tomato, Rye

Smoked Turkey, Provolone, Lettuce, Tomato, Whole Grain Roll

## **WRAPS, BAGUETTES**

165.00

Fuel Grilled Chicken, Artichoke Pesto, Mozzarella, Tomato, Whole Wheat Wrap

Asparagus, Brie, Baby Greens, Sun Dried Tomato, Lemon Aioli, Baguette  ${\bf V}$ 

Black Forest Ham, Swiss, Lettuce, Tomato, Wrap

Smoked Turkey, Roasted Red Peppers, Lettuce, Tomato, Baguette

In response to your feedback, vegan and non-vegan sandwiches for 5 have been added to Resource Scheduler.

## Sandwiches & More

## **ALL SANDWICH BUFFETS SERVE 10**

Includes water and Herb Garden Salad

## FLIK SIGNATURE SANDWICHES #1

179.50

Fuel Recado Roasted Turkey, Avocado, Lettuce, Tomato, Creamy Garlic Dressing, Whole Wheat Wrap

Falafel, Pickled Red Onion, Shredded Lettuce, Tomato, Tzatziki Sauce, Wrap **V** 

Thin Sliced Chicken, Provolone, Arugula, Roasted Tomatoes, Aioli, Sourdough

Herb Roasted Pork, Fresh Mozzarella, No Nut Pesto, Honey Drizzle, Ciabatta

### FLIK SIGNATURE SANDWICHES #2

179.50

Fuel Grilled Chicken, Pico de Gallo, Black Bean Salsa, Cheddar, Whole Wheat Wrap

Crispy Eggplant, Whipped Feta Cheese, Arugula, Balsamic Glaze, Baguette **V** 

Roast Turkey, Fresh Mozzarella, No Nut Pesto Baby Greens, Whole Grain Roll

Shawarma Seasoned Flank Steak , Lettuce, Tomato, Cucumber, Tahini, Wrap



All salads serve 10 and include water.

## SEASONAL HERB CHICKEN SALAD, AG

192.50

Sliced Grilled Chicken
Baby Greens, Romaine, Mint, Parsley
Roasted Asparagus, Hearts of Palm
Toasted Pepitas, Red & Yellow Peppers,
Champagne Vinaigrette

## THAI TOFU SALAD, V

192.50

Seared Sweet Chili Tofu "Steak"
Romaine & Iceberg Lettuces AG, V+, Fresh Mint, Thai Basil
Tri Color Cherry Tomatoes AG, V+, Julienne Carrots AG, V+
Diced English Cucumbers AG, V+
Edamame, Snow Peas AG, V+
Thai Dressing, No Nuts

## MEDITERRANEAN SHAWARMA STEAK SALAD

223.50

Shawarma Seasoned Flank Steak
Romaine AG, V+, Baby Greens AG, V+, Tomatoes AG, V+,
Cucumbers AG, V+,
Roasted Red Peppers & Marinated Black Olives V+
Hummus V+, Pita V, Feta V
Lemon Oregano Vinaigrette AG, V

Additional proteins and premium proteins are available to enhance your salad on page 10.



## **ALL HOT BUFFETS SERVE 10**

Includes water

## **TASTE OF ASIA**

Fuel Sticky Ginger Soy Boneless Chicken Thighs Jasmine Fried Rice Fuel Steamed Baby Bok Choy, Garlic, Sesame Seeds **AG**, **V**+

## **TAQUERIA**

Southwest Style Ground Beef
Pico De Gallo V+
Shredded Lettuce AG, V+
Cheddar AG, V, Flour Tortillas
Fuel Southwest Quinoa, Cilantro Salad AG, V+

### **ITALIAN TWIST**

Choice of Classic Chicken Parmesan or Chicken Florentine Roasted Cherry Tomato Sauce, Fresh Basil, Pasta V+ Caesar Salad, Caesar Dressing with Anchovies Garlic Parmesan Croutons 202.00

202.00



## Lunch Buffets (cont.)

## **LUNCH BUFFET ADDITIONS**

Enhance any lunch buffet or salad with the add-ons below. Each add-on serves 10.

## **PREMIUM PROTEINS**

117.00

Honey Garlic Shrimp AG

Shawarma Marinated Flank Steak

Shallot, Garlic Herb Marinated Salmon

(available Tuesday – Friday)

### **PROTEINS**

Achiote Marinated Chicken Breast	53.25
Thai Fried Sweet Chili Tofu "Steaks" <b>V</b>	48.00

## **SIDES** 23.50

Classic Caesar, Caesar Dressing with Anchovies

Garden Salad V+

Tabbouleh Orzo Salad V

## SEASONAL ROASTED VEGETABLE PLATTER AG, V+

53.25

Roasted Asparagus, Yellow Squash, Zucchini, Red & Yellow Peppers, Fennel, Eggplant Medallions, Roasted Tri Color Baby Carrots

## Breaks

## Each package serves 10

<b>THE BOARD ROOM</b> Seasonal Crudité Board, Heirloom Vegetables Poblano, Avocado, Farro Dip <b>V+</b> Tzatziki Dip <b>V</b> Crisps, Flatbreads, Grilled Pita <b>V</b>	90.00
FLAVORS OF SICILY Thin Sliced Prosciutto, Fresh Basil Sicilian Tomato Eggplant Caponata V+ Fresh Ricotta, Truffle Drizzle V Fig Jam V+ Grilled Flatbread V	85.20
GUACAMOLE & CHIPS V House Made Guacamole Crispy Tortilla Chips	50.00
SAVORY PRETZELS V Pretzel Bites Spicy Brown Mustard Crispy Panko Pickle Ranch Dip	62.50
ARTISAN CHEESE V Selection of Domestic, Imported and Local Cheeses, Seasonal Fruit Crisps, Flatbreads and Crostini	75.00
FLIK CHIPS & ONION DIP V FLIK Chips House Made Caramelized Onion Dip	50.00

Contact Your Catering Director or Café Manager for Special Events and Catering Suggestions.

Contact information on page 15.



## Dessents

## Each package serves 10

<b>FEATURED DESSERT V</b> Banana Pudding	45.00
LIGHT & SWEET Fuel Sliced Fruit AG, V+ Fuel Chocolate Olive Oil Cake V Fuel Strawberry Oatmeal Bar V+	66.50
FLIK SIGNATURE DESSERTS V Chocolate Chip Cookies Raspberry Crumb Bar Lemon Blueberry Blondie Chocolate Pretzels	71.00
COOKIES & BROWNIES V FLIK Signature Chocolate Chip Cookies Sugar Cookies Oatmeal Raisin Cookies Double Chocolate Brownies	50.00
CAKES & PIES V Assorted Flavors	Market Price
<b>BUNDTINIS</b> By the dozen	21.95

## Add Ons

Α	LL DAY ADDITIONS Serves 5	
In	ndividual Yogurt <b>V</b>	17.50
Se	easonal Yogurt Parfaits <b>V</b>	17.50
	rail Mix 5 oz. V	10.50
	nergy & Protein Bars	17.00
	ndividual Chips & Pretzels	10.00
		11.00
FI	LIK Signature Chocolate Chip Cookies <b>V</b>	
Δ	ALL DAY ADDITIONS Serves 10	
	LIK Chips	16.00
		20.15
$-\kappa$	ay of loe	

Fuel Berry Bowl AG, V+

Fuel Sliced Fruit AG, V+

33.00

## leeting Well





Items that meet specific criteria and are moderate in calories, fat and sodium.

**ALL PACKAGES SERVE 10** Includes coffee & water

## **Fuel BREAKFAST SANDWICHES**

Selection of breakfast sandwiches to include: Greek Egg White, Feta, Wheat English Muffin V

Egg White, Spinach, Swiss, Whole Wheat Sandwich Thin V

Egg, Turkey Sausage, Cheddar Cheese, Wheat English Muffin

## Fuel MORNING WAKE UP

Sliced Fruit AG, V+, Strawberry Oatmeal Bar V+ Individual Yogurts KIND Bars

85.00

192.50

202.00

85.00

## **ALL PACKAGES SERVE 10** Includes coffee & water

## BYO Fuel BURRITO BOWL, AG

Cilantro Lime Chicken, Cilantro Lime Brown Rice, Roasted Bell Peppers & Onions, Black Beans, Shredded Lettuce, Pico de Gallo, Queso Fresco, Cilantro, Lime

## **Fuel CHICKEN MARSALA**

Pan Seared Chicken Marsala Whole Wheat Pasta, Marinara V+ Roasted Zucchini, Italian Herbs, Garlic V+ Garden Salad V+

## **ALL PACKAGES SERVE 10**

### **Fuel SOUTHWEST BREAK**

Poblano, Avocado, Farro Dip V+ Pico de Gallo V+ Garden Vegetables V+ Baked Tortilla Chips V

50.00

## **Fuel LIGHT & SWEET**

Sliced Fruit AG, V+ Chocolate Olive Oil Cake V Strawberry Oatmeal Bar V+

## Allergy Aware

## Menu items prepared without the top 9 allergens and gluten.

Please note that we will make every effort to accommodate special requests. However, due to our open kitchens that handle the major allergens (fish, shellfish, milk, eggs, soy, wheat, peanuts, tree nuts, sesame), gluten and other ingredients for preparation of other menu items, we cannot guarantee that items will be completely "free" of any ingredient.

## **SALADS** Includes water

## Serves 10

## **ALLERGY AWARE HERB CHICKEN SALAD**

## 192.50

Sliced Grilled Chicken

Baby Greens, Romaine, Mint, Parsley

Roasted Asparagus, Hearts of Palm Toasted Pepitas, Red & Yellow Peppers,

Champagne Vinaigrette

## **ALLERGY AWARE STEAK SALAD**

## 223.50

Flank Steak

Romaine, Baby Greens, Tomatoes, Chickpeas

Cucumbers, Roasted Red Peppers &

Marinated Black Olives, Shredded Carrots

Lemon Oregano Vinaigrette

## **HOT LUNCHES** Includes water

### Serves 10

## **ALLERGY AWARE FLANK STEAK PACKAGE**

## 245.00

Fuel Cilantro Lime Flank Steak

Fuel Fajita Vegetables

Fuel Arroz Verde

Fuel Roasted Tri-Color Carrots

## **ALLERGY AWARE HERB CHICKEN PACKAGE**

202.00

Fuel Herb Roasted Chicken Breast

Fuel Steamed Creamer Potatoes, Lemon, Dill

**Fuel** Roasted Asparagus

Fuel Yellow Squash, Zucchini, Roasted with Italian Herbs

**Fuel** Roasted Red Peppers

## Catering Policies

## **SPECIAL EVENTS**

Our catering managers are happy to assist you with your next special function. We offer wait staff, equipment rentals, and a variety of other non-food services. Bar service is available upon request.

## **ELKTON:**

Geoffrey Voltz, Chef Manager

Geoffrey.voltz@compass-usa.com

434.760.1098 (C) 540.298.5570 (O)

## **PLACING ORDERS**

Merck protocol requires that all orders must be processed via Resource Scheduler and include a valid cost center number.

The final cost of your event will be sent via your Resource Scheduler confirmation email.

To ensure availability and secure delivery times, we encourage you to place catering orders 48 hours following day. Menus are subject to change based on market availability.

## **DELIVERY AND SERVICE FEES**

After business hours and large events may require an additional service charge.

## **CANCELLATIONS**

Standard orders cancelled within 48 hours of service will not be charged.

If your order is cancelled 24 hours in advance (1 business day), and items have not already been prepared, then no charges will be incurred. If your order has already been started, a cancellation fee will be assessed.