

Created with *Merck* in mind

CATERING

Food by FLIK

SUMMER 2024



At **FLIK**, every *guest* is our priority.

Table of CONTENTS

Welcome	1
BREAKFAST	2
SANDWICHES	3,4
BYO SALAD	5
LUNCH BUFFETS	6
PIZZA & ADD-ONS	7
LET'S TAKE A BREAK	8
ALLERGY AWARE	9
CATERING POLICIES	10

Welcome

To Our Valued Guests

This menu was created to enhance your meeting experience with a focus on wellness and the bounty of the spring and summer season.

Our spring-summer menu completes our first ever yearly seasonal cycle, and your feedback has been an invaluable resource, informing our culinary decisions.

As always, we appreciate your business and look forward to the opportunity to cater your meetings and events this season.

You Asked, We Listened

- Add-on for 5 vegan and non-vegan sandwiches in Resource Scheduler
- Enhanced communication around food allergies & preferences
- Dietary/Allergy Request line added to Resource Scheduler for your convenience
- Additional classic salad choices
- Add-on herb potato side



Allergy and Dietary Preferences

We will make every effort to accommodate dietary restrictions and avoid cross contact, however due to our open kitchens that handle all 9 major allergens and gluten, we cannot guarantee items will be completely "free" of any ingredient. Please advise the manager or chef of any allergy or dietary preferences. Kosher and Halal meals are available upon request.

Fuel = better for you
V+ = vegan
V = vegetarian
AG = avoiding gluten

Eye Opening BREAKFAST

BREAKFAST ADDITIONS

Each add-on serves 10

Individual Frittatas Choice Of:	53.25
Tomato, Bacon, Cheddar Egg White Frittata AG	
Corn Zucchini, Mozzarella, Fresh Basil Frittata V,AG	
Fuel Scrambled Eggs AG, V	20.00
Applewood Smoked Bacon AG	29.25
Turkey Sausage	29.25
Pork Sausage Links AG	13.50
Crispy Hash Browns V+	17.75
Fuel Berry Bowl AG, V+	33.00
Fuel Sliced Fruit AG, V+	59.75
Dozen Mini Bagels and Cream Cheese V	17.00
Mini Muffins and Danish V	18.00

BREAKFAST ADDITIONS

Each add-on serves 5

La Fermiere Yogurt, Granola V	17.50
KIND, Nugo, RX Bars V	17.00
Trail Mix, 5 oz.	21.25
Orange Juice, 6 oz.	10.25

ALL BREAKFASTS SERVE 10

includes coffee and water

AVOCADO TOAST 86.75

Grilled Whole Grain Bread **V**, Mashed Avocado **AG, V+**
Hard Boiled Eggs **AG, V**, Tomatoes **AG, V+**,
Pickled Onions **AG, V+**, Sliced Cucumbers **AG, V+**,
Feta **AG, V**, Baby Arugula **AG, V+**

AM WAKE UP 99.75

Fuel Sliced Fruit **AG, V+**
Strawberry Swirl Loaf **V**
Mini Corn Muffins, Very Berry Muffins **V**

EXECUTIVE BREAKFAST 119.75

Tomato, Bacon, Cheddar Egg White Frittata **AG**
Corn, Zucchini, Mozzarella, Fresh Basil Frittata **V, AG**
Blueberry Texas French Toast, Maple Syrup, **V**
Applewood Smoked Bacon **AG**
Fuel Sliced Fruit **AG, V+**

BREAKFAST SANDWICHES 89.00

Fuel Egg White, Vegetarian Sausage, Low Fat Swiss
Whole Wheat English Muffin **V**
Pork Sausage, Egg, Cheddar Cheese, Croissant
Applewood Smoked Bacon, Egg, Cheddar Cheese, Bagel

ANYTIME BREAK includes coffee & water 109.50

La Fermiere Yogurt **V**, Granola **V**
Energy Bars **V**, Very Berry Muffins **V**, Mini Danish **V**
Fuel Berry Bowl **AG, V+**

Delicious SANDWICHES

ALL SANDWICH BUFFETS

SERVE 10

Includes Individual Bags of Chips, Pretzels and Water.

As part of Merck's wellness focus, sandwiches no longer include dessert.

Vegan and Non-Vegan Sandwiches for 5 have been added to Resource Scheduler.



CORNER DELI

165.00

Fuel Grilled Chicken, Artichoke Pesto, Mozzarella, Tomato, Whole Wheat Wrap

Smoked Turkey, Pepperjack, Shredded Lettuce, Tomato, Brioche Roll

Roast Beef, Cheddar, Lettuce, Tomato, Horseradish Sauce, Ciabatta Roll

Falafel, Hummus, Tomato, Lettuce, Tzatziki Wrap **V**

BAGUETTES & WRAPS

165.00

Ham, Salami, Provolone, Shredded Lettuce, Tomato, Balsamic Glaze, Baguette

Crispy Chicken, Avocado, Leaf Lettuce, Tomato, Wrap

Smoked Turkey, Roasted Vegetables, Swiss Cheese, Honey Mustard, Lettuce, Whole Wheat Wrap

Portobello, Tomato, Spinach, Fresh Mozzarella & Basil, Balsamic Glaze, Baguette **V**

Delicious SANDWICHES

SIGNATURE SANDWICH BUFFETS SERVE 10
Includes Seasonal Salad and Water.

Herb Spring Baby Greens & Spinach Salad
Asparagus, Strawberries, Cucumbers, Carrots
Mozzarella, Strawberry Poppyseed Dressing

*Vegan and Non-Vegan Sandwiches for 5
have been added to Resource Scheduler*



FLIK SIGNATURE SANDWICHES #1

202.00

Fuel Yucatan Chicken, Pico de Gallo,
Shredded Lettuce, Wrap

Prosciutto, Smoked Ham, Fresh Mozzarella, Basil,
Lettuce, Tomato, Baguette

Crispy Chicken, Pepperjack, Shredded Lettuce,
Tomato, Chipotle Sauce, Ciabatta Roll

Fuel Chunky Chickpea Hummus "Salad", Lettuce
Tomato, Whole Wheat Thin **V+**

FLIK SIGNATURE SANDWICHES #2

202.00

Fuel Roast Turkey, Roasted Corn Relish, Shredded
Lettuce, Whole Wheat Wrap

Cilantro Lime Flank Steak, Provolone, Leaf Lettuce,
Tomato Ciabatta Roll

Grilled Chicken Caesar, Romaine, Parmesan, Caesar
Dressing Wrap

Grilled Buffalo Cauliflower, Lettuce, Tomato,
Buttermilk Avocado Dressing Whole Wheat Wrap **V**



Build Your Own SALADS

All salads serve 10 and include water.
As part of Merck's wellness focus, BYO salads
no longer include dessert.

SEASONAL CHICKEN SALAD, AG 179.50

Fuel Shallot Garlic Chicken
Spring Mix Greens with Spinach & Fresh Herbs,
Strawberries, Asparagus, Cucumber,
Fresh Mozzarella, Toasted Pepitas
Strawberry Poppyseed Vinaigrette

SOUTHWEST FLANK STEAK SALAD 189.50

Fuel Cilantro Lime Flank Steak
Romaine, Black Beans, Corn, Cheddar,
Jicama, Tomatoes, Pickled Jalapenos
Crispy Tortilla Strips
Buttermilk Avocado Dressing

GREEK FALAFEL SALAD V 179.50

Romaine, Stuffed Grape Leaves,
Cucumbers, Tomatoes, Kalamata Olives,
Red & Yellow Bell Peppers, Pepperoncini,
Tzatziki Sauce, Feta, Toasted Pita,
Red Wine Vinaigrette

*Additional proteins are available
to enhance your salad on page 6.*

Flavorful LUNCH BUFFETS

ALL HOT BUFFETS SERVE 10

Includes water

ALL AMERICAN BBQ 199.50

BBQ Bourbon Chicken

Fuel Boston Baked Beans **V+**

Fuel Jicama Cabbage Slaw **V**

Classic Macaroni Salad **V**

Corn Bread **V**

SUMMER TAQUERIA 209.95

Cilantro Lime Flank Steak

Elote Grilled Street Corn **AG, V**

Cilantro Lime Sour Cream **AG, V**, Guacamole **V**

Pico de Gallo **V+**, Shredded Lettuce **V+**

Pickled Jalapenos **V+**, Flour Tortillas **V**

ITALIAN PARMESAN TWIST 199.50

Choice of Classic Chicken Parmesan OR

Chicken Florentine

Cavatappi, Primavera Sauce **V**

Caesar Salad, Caesar Dressing with Anchovies,

Garlic Parmesan Croutons

LUNCH BUFFET ADDITIONS

Each add-on serves 10.

Enhance your lunch buffet with the add-ons below.

PREMIUM PROTEINS

Fuel Green Herb Garlic Shrimp **AG** 117.00

Fuel Cilantro Lime Flank Steak 117.00

Fuel Lemon Pesto Roast Salmon 117.00

(available Tuesday –Friday)

PROTEINS

Fuel Shallot Garlic Chicken **AG** 53.25

Falafel, Tzatziki Sauce **V** 48.00

SALAD

Classic Caesar, Caesar Dressing with Anchovies 23.50

Garden Salad, Balsamic Vinaigrette **V** 23.50

Roasted Fingerling Potatoes, Fresh Thyme **V** 23.50

Fuel ROASTED SPRING VEGETABLE PLATTER 53.25

Roasted Tri Color Baby Carrots **AG, V+**

Roasted Asparagus **AG, V+**

Summer Squash, Zucchini **AG, V+**

Red Peppers **AG, V+**

Roasted Spring Radishes **AG, V+**

As part of Merck's wellness focus, buffets no longer include dessert. In response to your feedback, we have expanded the dessert menu on page 7.

Pizza &

ALL DAY ADDITIONS

PIZZA BY THE PIE 8 slices

PLAIN PIZZA, V 17.95

PIZZA WITH TOPPINGS 18.95

Veggie, Pepperoni,
Sausage, Meat Lovers

CHEF CRAFTED, V 19.95

FARM STAND PIZZA

Local, Corn, Tomato, Zucchini, Fresh Basil V

ALL DAY ADDITIONS Serves 5

La Fermiere Yogurt V	17.50
Fruit & Yogurt Parfaits V	17.50
Trail Mix, 5 oz. V	21.25
KIND, Nugo, RX Bars V	17.00
Individual Chips and Pretzels V	10.00
FLIK Chocolate Chip Cookies V	11.00

ALL DAY ADD ONS Serves 10

FLIK Chips	16.00
Box of Joe	21.50
Fuel Berry Bowl AG, V+	33.00
Fuel Sliced Fruit AG, V+	59.75

Beverage Selections can be found in
Resource Scheduler.

*In response to your feedback,
Diet and Regular Sodas are now
separated in Resource Scheduler.
The choice is yours!*

Let's Take a BREAK

YOU ASKED, WE LISTENED

In response to your feedback, we expanded the dessert menu. Each package serves 10

LIGHT & SWEET, V 66.50

Fuel Flourless Chocolate Brownie Cookies **AG, V**
Tropical Chopped Fresh Fruit Relish **V+**
Baked Cinnamon Pita Chips **V+**

SEASONAL SIGNATURE SWEETS, V 71.00

S'Mores Bars
Classic Poundcake
Macerated Berry Bowl **V+**
Chocolate Covered Pretzels

FLIK SIGNATURE DESSERTS, V 71.00

Chocolate Chip Cookies
Cheesecake Brownie
Lemon Blueberry Blondie
Chocolate Pretzels

COOKIES & BROWNIES, V 50.00

Flik Chocolate Chip
Flik Oatmeal Raisin
Double Chocolate Brownie

CUPCAKES BY THE DOZEN, V 63.00

Minimum order 1 dozen

SAVORY

Each package serves 10

THE BOARD ROOM V 148.00

Seasonal Crudité Board,
Heirloom Vegetables,
Lemon Zested Basil Hummus
Chipotle Ranch Dip
Crisps, Flatbreads and Crostini

SAVORY PRETZELS V 62.50

Pretzel Bites
Honey Mustard
Chipotle Ranch

PITA CHIPS, DIPS V 62.50

Baked Pita Chips,
Tzatziki Sauce
Lemon Zested Basil Hummus

BRUSCHETTA V 85.20

Fresh Tomato Basil Topping
Marinated Artichoke Pesto
Olive Tapenade
Crisps, Flatbreads, Crostini

ARTISAN CHEESES V 75.00

A Selection Of Domestic,
Imported and Local Cheeses,
Seasonal Fruit
Crisps, Flatbreads and Crostini

*Contact Your Catering Director or Café Manager
for Special Events and Catering Suggestions.
Contact information on page 10.*

Allergy

AWARE

Menu items prepared without the top 9 allergens and gluten containing ingredients.

Please note that we will make every effort to accommodate special requests. However, due to our open kitchens that handle the major allergens (fish, shellfish, milk, eggs, soy, wheat, peanuts, tree nuts, sesame), gluten and other ingredients for preparation of other menu items, we cannot guarantee that items will be completely "free" of any ingredient.

ALLERGY AWARE BREAKFAST ADD ONS	<i>serves 10</i>
Applewood Smoked Bacon	29.25
Turkey Sausage	29.25
Pork Sausage Links	13.50
Fuel Berry Bowl AG, V+	33.00
Fuel Sliced Fruit	59.75

BYO SALADS

Each salad package includes water and serves 10.

ALLERGY AWARE **Fuel SEASONAL CHICKEN SALAD 192.50**

Shallot Garlic Chicken
Spring Greens with Spinach & Fresh Herbs. Strawberries, Asparagus, Cucumber, Toasted Pepitas, Strawberry Poppyseed Vinaigrette

ALLERGY AWARE SOUTHWEST FLANK STEAK SALAD 223.50

Cilantro Lime Flank Steak
Romaine, Black Beans, Corn, Jicama, Tomatoes, Pickled Jalapenos, Cilantro Vinaigrette

HOT LUNCHES

Each hot lunch package includes water serves 10.

ALLERGY AWARE FLANK STEAK PACKAGE 245.00

Fuel Cilantro Lime Flank Steak
Fuel Fajita Vegetables **V+**
Fuel Arroz Verde **V+**
Fuel Roasted Tri-Color Carrots **V**

ALLERGY AWARE HERB CHICKEN PACKAGE 202.00

Fuel Herb Roasted Chicken Breast
Fuel Roasted Fingerling Potatoes **V+**
Fuel Roasted Asparagus **V+**
Fuel Roasted Summer Squash, Zucchini **V+**
Fuel Roasted Red Peppers **V+**

Catering

POLICIES

SPECIAL EVENTS

Our catering managers are happy to assist you with your next special function. We offer wait staff, equipment rentals, and a variety of other non-food services.

Bar service is available upon request.

ELKTON:

Geoffrey Voltz, Chef Manager

Geoffrey.voltz@compass-usa.com

434.760.1098 (C) 540.298.5570 (O)

PLACING ORDERS:

Merck protocol requires that all orders must be processed via Resource Scheduler and include a valid cost center number.

The final cost of your event will be sent via your Resource Scheduler confirmation email.

To ensure availability and secure delivery times, we encourage you to place catering orders 48 hours in advance. Menus are subject to change based on market availability.

DELIVERY AND SERVICE FEES:

After business hours and large events may require an additional service charge.

CANCELLATIONS:

Standard orders cancelled within 48 hours of service will not be charged.

Orders cancelled within 24 hours (1 business day), and the items have not been prepared; no charges will be incurred. If some or all of the order has already been prepared, a cancellation fee will be assessed.