

Created with *Merck* in mind

CATERING

Food by FLIK

2023



At FLIK, *every customer* is our priority.

Table of CONTENTS

Welcome	1
BREAKFAST	2
SANDWICHES	3
KIK BOXES	4
BYO SALAD	5
LUNCH BUFFETS	6
LET'S TAKE A BREAK	7
PIZZA & ADD-ONS	8
CATERING POLICIES	9

Welcome

To Our Valued Guests

This menu was created to enhance your meeting experience with a focus on wellness and the bounty of the fall season.

It will be a nimbler menu, with the ability to adopt new culinary trends while incorporating seasonality and your feedback throughout the year.

As always, we appreciate your business and look forward to the opportunity to cater to you this fall.

You Asked, We Listened

- Coffee with all breakfasts
- Enhanced communication around food allergies & preferences
- Option to add-on premium proteins
- Separate diet beverage options
- Increased vegan & vegetarian offerings
- Vegetarian sandwiches separated in KIK Boxes to minimize cross-contact
- Expanded dessert menu



Allergy and Dietary Preferences

We will make every effort to accommodate dietary restrictions and avoid cross contact. However due to our open kitchens that handle all 9 major allergens and gluten, we cannot guarantee items will be completely “free” of any ingredient. Please advise the manager or chef of any allergy or dietary preferences. Kosher and Halal meals are available upon request.

Fuel = better for you
V+ = vegan
V = vegetarian
AG = avoiding gluten

Eye Opening BREAKFAST

BREAKFAST ADDITIONS

Each add-on serves 10

Fuel Individual Frittatas AG, V	50.00
Fuel Scrambled Eggs AG, V	18.75
Applewood Smoked Bacon AG	27.50
Turkey Bacon	27.50
Pork Sausage Links	12.75
Crispy Hash Browns V+	16.75
Fuel Berry Bowl AG, V+	31.00
Dozen Mini Bagels and Cream Cheese V	16.00
Box of Joe, Regular AG, V+	20.15
Box of Joe, Decaf AG, V+	20.15

BREAKFAST ADDITIONS

Each add-on serves 5

La Fermiere Yogurt, Granola V	16.50
Smoked Salmon, Capers AG	34.50
KIND, Nugo, RX Bars V	16.00
Trail Mix V	9.75
Orange Juice, 6 oz.	9.50

ALL BREAKFASTS SERVE 10

Served with Coffee & Water

Fuel AVOCADO TOAST 81.50

Grilled Whole Grain Bread **V**, Mashed Avocado **AG, V+**
Hard Boiled Eggs **AG, V**, Tomatoes **AG, V+**,
Pickled Onions **AG, V+**, Sliced Cucumbers **AG, V+**,
Feta **AG, V**, Baby Arugula **AG, V+**

AM WAKE UP

Fuel Apple Butter Oatmeal Bar **V+** 110.50

Fuel Berry Bowl **AG, V+**
Pumpkin Spice Tea Bread **V**
Mini Cinnamon Buns **V**
Mini Croissants **V**

EXECUTIVE BREAKFAST 135.50

Fuel Individual Mushroom, Onion, Egg White Frittata **AG, V**
Fuel Individual Vegetable, Mozzarella Frittata **AG, V**
Cinnamon Apple Texas French Toast, Pure Maple Syrup, **V**
Applewood Smoked Bacon **AG**
Fuel Berry Bowl **AG, V+**

BREAKFAST SANDWICHES 80.00

Selection of breakfast sandwiches to include:

Fuel Egg Whites, Spinach, Alpine Lace Swiss Cheese,
Whole Wheat Sandwich Thin **V**
Pork Sausage, Egg, American Cheese, Portuguese Roll
Bacon, Egg, Cheddar Cheese, Bagel

ALL DAY BREAK includes coffee & water 122.00

La Fermiere Yogurt, Granola **V**
Energy Bars **V**, Pumpkin Spice Tea Bread **V**
Fuel Berry Bowl **AG, V+**

Delicious SANDWICHES

ALL SANDWICH BUFFETS SERVE 10

Includes Individual Bags of Chips, Pretzels and Water.

As part of Merck's wellness focus, sandwiches no longer include dessert.

In response to your feedback, we have expanded the dessert menu on page 7.



CORNER DELI

155.00

Fuel Balsamic Eggplant, Arugula, Pesto
Whole Wheat Sandwich Thin **V**

Smoked Turkey, Provolone, Shredded Lettuce, Tomato,
Brioche Roll

Chicken Salad, Leaf Lettuce, Tomato, WW Wrap

Ham, Swiss, Honey Mustard, Leaf Lettuce, Tomato, Rye

House Roasted Beef, Cheddar, Chipotle Mayo
Shredded Lettuce, Tomato, Portuguese Roll

SUBS, HOAGIES, GRINDERS

155.00

Thin Sliced Chicken, Provolone, Shredded Lettuce, Tomato,
Sun-Dried Tomato Pesto

Ham, Salami, Prosciutto, Provolone, Shredded Lettuce,
Tomato

Crispy Eggplant, Mozzarella, Roasted Red Peppers,
Shredded Lettuce, Tomato **V**

Smoked Turkey and Swiss, Shredded Lettuce, Tomato

Delicious SANDWICHES

As part of Merck's wellness focus, sandwiches no longer include dessert. In response to your feedback, we have expanded the dessert menu on page 7.

ALL KIK BOXES SERVE 10

Includes Water & **Fuel** Butternut Apple, Cranberry, Spinach Salad, Cider Vinaigrette
AG, V



FLIK SIGNATURE KIK BOX #1

190.00

Fuel Portobello, Eggplant, Red Pepper Spread, Lettuce, Whole Wheat Sandwich Thin **V**

Smoked Turkey, Apple Wood Smoked Bacon, Swiss, Mayo, Lettuce, Tomato Portuguese Roll

Crispy Chicken, Pepper Jack, Chipotle Sauce Lettuce, Tomato WW Wrap

Prosciutto, Fresh Mozzarella, Basil, EVOO, Lettuce, Tomato, Brioche

FLIK SIGNATURE KIK BOX #2

190.00

Fuel Roast Turkey, Cranberry Apple Relish, Cheddar Arugula, Whole Wheat Sandwich Thin

Tomato, Fresh Mozzarella, Arugula, Basil, Balsamic Drizzle, Brioche **V**

Honey Rosemary Flank Steak, Pickled Red Onion, Jalapenos, Queso Fresco, Lettuce, Tomato, Portuguese Roll

Grilled Chicken Caesar Wrap, Caesar Dressing (Anchovies)



Build Your Own SALADS

All salads serve 10 and include water.
As part of Merck's wellness focus, sandwiches no longer include dessert. In response to your feedback, we have expanded the dessert menu on page 7.

GRILLED CHICKEN CAESAR SALAD 180.75

FUEL Herb Grilled Chicken Breast
Crisp Romaine, Garlic Parmesan Croutons,
Grated Parmesan Cheese,
Caesar Dressing (Anchovies),
Artisan Dinner Roll

FUEL FALL PEAR SALAD, AG 210.00

Lemon Oregano Roasted Shrimp
Roasted Pears, Scallions, Cucumbers,
Dried Cranberries, Tri-Color Roasted Carrots
Quinoa, Mizuna
Cider Vinaigrette

FUEL BUTTERNUT SQUASH SALAD, AG 210.00

Roast Turkey Breast
Honey Roasted Butternut Squash,
Applewood Smoked Bacon, Pumpkin Seeds,
Local Apples, Quinoa, Mizuna
Maple Vinaigrette

Additional proteins and premium proteins are
available to enhance your salad on page 6.

Flavorful

LUNCH BUFFETS

ALL HOT BUFFETS SERVE 10

Includes water

FUEL AUTUMN COMFORT 230.00

Roast Turkey Breast with Pan Gravy
Roasted Fingerling Potatoes **AG, V+**
Roasted Brussel Sprouts **AG, V+**
Honey Roasted Butternut Squash **AG, V**

FALL TAQUERIA 230 .00

Fuel Honey Balsamic Flank Steak **AG**
Pickled Red Onions and Jalapenos **AG, V+**
Queso Fresco, Cilantro Lime Shredded Cabbage **AG, V+**
Spanish Rice **AG, V+**, Black Bean Sofrito **AG, V+**
Corn Tortillas **AG** and Flour Tortillas

ITALIAN PARMESAN TWIST 190.00

Choice of Classic Chicken Parmesan OR
Margherita Chicken, topped with Roasted Tomatoes,
Fresh Mozzarella and Basil Crumbs
Pasta Pomodoro **V+**
Caesar Salad, Caesar Dressing (Anchovies),
Garlic Parmesan Croutons
Ciabatta Rolls **V**

LUNCH BUFFET ADDITIONS

Each add-on serves 10.

Enhance your lunch buffet with the add-ons below.

PREMIUM PROTEINS

Fuel Lemon Oregano Roasted Shrimp **AG** 110.00
Fuel Honey Balsamic Flank Steak **AG** 110.00
Fuel Herb Roasted Salmon **AG** 110.00
(Salmon available Tuesday-Friday)

PROTEINS

Fuel Honey Rosemary Roasted Chicken **AG** 50.00
Fuel Maple Balsamic Marinated Tofu **AG, V+** 45.00

SEASONAL SALAD

Fuel Butternut Squash, Cranberries, Apples
Spinach, Cider Vinaigrette 22.00

FUEL ROASTED ROOT VEGETABLE PLATTER 50.00

Roasted Tri Color Baby Carrots **AG, V+**
Roasted Parsnips **AG, V+**
Honey Roasted Butternut Squash **AG, V**
Roasted Beets **AG, V+**
Brussel Sprouts **AG, V+**

As part of Merck's wellness focus, buffets no longer include dessert. In response to your feedback, we have expanded the dessert menu on page 7.

Fuel = better for you
V+ = vegan
V = vegetarian
AG = avoiding gluten

Pizza &

ALL DAY ADDITIONS

PIZZA BY THE PIE

Single pie serves 4

PLAIN PIZZA V 17.25

PIZZA WITH TOPPINGS 18.50

Veggie, Pepperoni,
Sausage, Meat Lovers

CHEF CRAFTED PIZZA 18.50

Ricotta, Butternut Squash, Roasted
Mushroom, Sage, Truffle Oil V

LUNCH FOR 9 OR LESS

Individual sandwiches and salads
for 1 to 9 guests can be
found in Resource Scheduler.

ALL DAY ADDITIONS Serves 5

La Fermiere Yogurt V	16.50
Fruit & Yogurt Parfaits V	16.50
Trail Mix V	9.75
KIND, Nugo, RX Bars V	16.00
Individual Chips and Pretzels	9.25
FLIK Chocolate Chip Cookies V	10.25

ALL DAY ADD ONS Serves 10

FLIK Chips	15.00
Box of Joe	20.15
Fuel Berry Bowl AG, V+	31.00

Beverage Selections can be found in
Resource Scheduler.

*In response to your feedback,
Diet and Regular Sodas are now
separated in Resource Scheduler.
So, the choice is yours!*

Let's Take a BREAK

YOU ASKED, WE LISTENED

In response to your feedback, we expanded the dessert menu. So, the choice is yours!

SWEET FINALE

Each package serves 10

FUEL LIGHT & SWEET 66.50

Apple Butter Oatmeal Bars **V+**,
Flourless Chocolate Brownie Cookies **AG, V**,
Pumpkin Chocolate Chip Cookies **V**

FALL SIGNATURE SWEETS 66.50

Cranberry Orange Pound Cake **V**,
FLIK Signature Oatmeal Raisin Cookie **V**,
Pumpkin Spice Tea Bread **V**

FLIK SIGNATURE DESSERTS 55.50

Chocolate Chip Cookies **V**
Double Chocolate Brownie **V**
Pumpkin Spice Rice Krispie Treats

SAVORY

Each package serves 10

THE BOARD ROOM **V+** 139.00

Seasonal Crudit  Board,
Heirloom Vegetables,
Hummus, Olive Tapenade,
Crisps, Flatbreads and Crostini

BRUSCHETTA 80.00

Tomato Basil Bruschetta,
Olive Tapenade,
Marinated Artichoke Bruschetta
Crisps, Flatbreads, Crostini

SWEET AND SAVORY 66.50

PRETZEL BITES **V**
Honey Mustard
Sun Dried Tomato Pesto
Caramel Sauce

ARTISAN CHEESE 139.00

A Selection Of Domestic,
Imported and Local Cheeses,
Provisions,
Dried and Seasonal Fruit
Crisps, Flatbreads and Crostini

TORTILLA CHIPS, DIPS **V** 59.00

Crispy and Baked Tortilla Chips,
Creamy Black Bean Dip,
Spicy Roasted Tomato Salsa

*Contact Your Catering Director or Caf  Manager
for Special Events and Catering Suggestions.
Contact information on page 10.*

Allergy AWARE

Menu items prepared without the top 9 allergens and gluten containing ingredients.

Please note that we will make every effort to accommodate special requests. However, due to our open kitchens that handle the major allergens (fish, shellfish, milk, eggs, soy, wheat, peanuts, tree nuts, sesame), gluten and other ingredients for preparation of other menu items, we cannot guarantee that items will be completely "free" of any ingredient.

SMOOTH START ADD ON

	serves 5
Avocado, Kale, Ginger Smoothie V+	20.00

ALLERGY AWARE BREAKFAST ADD ONS

	serves 10
Applewood Smoked Bacon AG	27.50
Turkey Bacon	27.50
Pork Sausage Links	12.75
Fuel Berry Bowl AG, V+	31.00

SALADS

Each salad package includes water serves 10.

ALLERGY AWARE **FUEL** PEAR SALAD PACKAGE 210

Herb Grilled Chicken Breast
Roasted Pears, Scallions, Cucumbers, Dried Cranberries,
Tri-Color Roasted Carrots, Cider Vinaigrette,
Quinoa, Mizuna

ALLERGY AWARE **FUEL** BUTTERNUT SALAD PACKAGE 210

Roast Turkey Breast
Roasted Butternut Squash, Bacon, Pumpkin Seeds, Dried
Cranberries, Maple Vinaigrette, Quinoa, Mizuna

HOT LUNCHES

Each hot lunch package includes water serves 10.

ALLERGY AWARE FLANK STEAK PACKAGE 230

Fuel Honey Balsamic Flank Steak
Fuel Roasted Brussels Sprouts
Fuel Honey Roasted Butternut Squash **V**
Roasted Fingerling Potatoes

ALLERGY AWARE HERB CHICKEN PACKAGE 190

Fuel Herb Roasted Chicken Breast
Fuel Brown Rice Pilaf **V+**
Fuel Roasted Parsnips **V+**
Roasted Tri Color Baby Carrots **V+**
Fuel Roasted Beets **V+**

ALLERGY AWARE BAGGED SANDWICHES 13

Individually bagged, served with water, side salad & fruit

Fuel Roast Turkey, Avocado, Bacon, Lettuce Wrap
Balsamic Glazed Vegetables, Avocado, Lettuce Wrap

Catering

POLICIES

SPECIAL EVENTS

Our catering managers are happy to assist you with your next special function. We offer wait staff, equipment rentals, and a variety of other non-food services.

Bar service is available upon request.

NJ/PA

Rahway: Erin.Willner@compass-usa.com

West Point: Lisa.Hager@compass-usa.com

Kenilworth: Maureen.Galing@compass-usa.com

Upper Gwynedd: Joanne.Sanchez@compass-usa.com

PLACING ORDERS:

Merck protocol requires that all orders must be processed via Resource Scheduler and include a valid cost center number.

The final cost of your event will be sent via your Resource Scheduler confirmation email.

To ensure availability and secure delivery times, we encourage you to place catering orders 48 hours in advance. Menus are subject to change based on market availability.

DELIVERY AND SERVICE FEES:

After business hours and large events may require an additional service charge.

CANCELLATIONS:

Standard orders cancelled within 48 hours of service will not be charged.

Orders cancelled within 24 hours (1 business day), and the items have not already been prepared, no charges will be incurred. If some or all of the order has already been prepared, a cancellation fee will be assessed.