

Fuel

DEFINED

WHAT MAKES SOMETHING **Fuel**?

Items marked with this icon meet the following criteria, consistent with current dietary recommendations.

MAIN ENTRÉE

Calories: <400
Sat Fat (g): <5
Sodium (mg) <600

SIDES

Items marked with this icon meet the following criteria, consistent with current dietary recommendations.

Sodium (mg) <250

CULINARY THEATRE

M Herb Roasted Chicken Quarters

T Potato and Cheese Pierogi

W Sausage Bar on Grill

Th Fried Catfish

Cafe Dining Website

- Weekly menu
- Catering
- Wellness & Nutrition
- Promotions in Café
- Thrive Mobile Ordering



M Tempeh and Dumpling Stew **Fuel***, **V+**

EARTH DAY

CAJUN BLACK EYED PEA CAKE, KALE CONFETTI SALAD, SPICY TOMATO CHUTNEY EGGPLANT "BACON" **Fuel***, **V+** .34oz

Toasted Orzo **Fuel***, **V+** .34oz

Yellow Squash, Zucchini, Garbanzo, Mint **Fuel**, **AG**, **V+** .34oz

T Turkey Bean Chili **Fuel***, **AG**

SRIRACHA HONEY BONELESS PORK CHOP **Fuel***, **AG** .34oz

Steamed Brown Rice **Fuel***, **AG**, **V+** .34oz

Blackened Baby Bok Choy, Gochujang **Fuel*** .34oz

W Spicy Sausage Minestrone Soup **Fuel***

STOP FOOD WASTE DAY

PASTA BAR .34oz

Rotini Pasta, Elbows, Ravioli

Marinara **V+**, Alfredo **V+**, Garlic Herb Oil **V**

Roasted Chicken, Julienne Vegetables, Chopped Clams in Garlic and Wine

Th Matzo Ball Soup **Fuel***

CELEBRATE PASSOVER

BRAISED BRISKET, AG .34oz

Sweet Potato Kugel **Fuel**, **V+** .34oz

Honey Sesame Brussels Sprouts **Fuel***, **AG**, **V** .34oz

Tzimmes (Stewed Root Vegetables, Dried Fruit), **V**

F Asparagus, Leek, Potato Soup **Fuel***, **V**

CHICKEN AND SAUSAGE JAMBALAYA .34oz

Basmati Rice .34oz

Vegetable Medley .34oz