

# BREAKFAST GRILL

## EGGS YOUR WAY

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	Calories	
One Egg	80	.75
Egg Whites (3) <b>FIT</b>	70	1.89
Two Eggs	165	1.50
Add Cheese	50-110	.40
Omelet	adds 50-110	2.69
Omelet 1 filling	adds 5-130	3.09
Omelet, 1 Filling + Meat	adds 5-130	3.69

## EGG SANDWICHES

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Nutrition information is for sandwich on a Kaiser roll

Egg and Cheese	330	3.99
Egg and Meat	360-410	3.99
Egg, Meat and Cheese	410-460	3.99

## SIDES

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Home Fries/ Hash Browns	130/170	1.25
Sausage, 2 turkey links	280/130	1.00
Bacon (4)	180	1.00
French Toast	210	2.29

2000 Calories A Day Is Used For General Nutrition Advice, But Calorie Needs Vary. Additional Nutrition Information Available Upon Request.