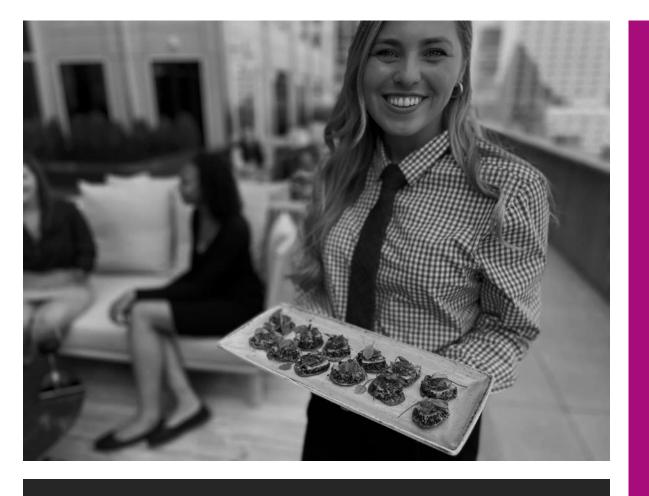
reated with you in mind

Food by **FLIK**



At **FLIK**, *every customer* is our priority.

Taple of CONTENTS

Welcome	1
BEVERAGES	2
BREAKFAST	3
SANDWICHES	4
BYO SALAD	5
LUNCH BUFFETS	6
LET'S TAKE A BREAK	7
HORS D'OEUVRES	8
SWEET FINALE	9

Welcome

For all orders, Please visit our CaterTrax Portal at https://basf-fp.catertrax.com/index.asp, or email conference services at michael.viola@compas-usa.com



To ensure availability and secure delivery times, we encourage you to place catering orders at least 72 hours in advance. Menus are subject to change based on market availability. We can not guarantee a catering slot as we get booked up quickly sometimes a week in advance.

Allergy and Dietary Preferences

We want to ensure that we have optionality for all our guests. Please advise if you have any allergy or dietary preferences with your catering orders. Kosher meals are available upon request.

Delivery and Service Fees

There are no service fees for any FLIK catered service provided during normal operating hours; afterbusiness hours will require a service charge.

Cancellation Policy

Standard orders cancelled with at least 24 hours' notice will not be charged. If less than 24 hours' notice is given, and the items have not already been prepared, no charges will be incurred. If some or all of the order has been prepared, a cancellation fee will be assessed.

Special Events

Our culinary specialists will be happy to assist you with your next special function. We offer wait staff, equipment rentals, and a variety of other non-food services. Bar service is available upon request.



Additional Beverages			
Iced Tea	1.99	Freshly Squeezed Lemonade	2.00
Iced Coffee	1.95		3.00
Hot Chocolate, Whip	2.80	Seasonal Aqua Fresca	2.10
Cream	1.70	Bubly Seltzer Water	1.50
Water Bottle	1.79	Lime, Cherry, Blackberry	
Bottled Juice Apple, Cranberry, Lemon	2.49 ade		
Freshly Squeezed OJ	3.00		

Refreshing BEVERAGES

Full Beverage Service Regular and Decaffeinated Starbucks	5.59
Coffee, Iced Tea, Assorted Soft Beverages Still & Sparkling Water	ges,
Morning Beverages Regular and Decaffoinated Starbucks	6.20
Regular and Decaffeinated Starbucks Coffee, Freshly Squeezed Orange Juice & Sparkling Water	e, Still
Coffee Time Regular and Decaffeinated Starbucks Coffee	2.80
Soft Beverage Service Soft Beverages, Still & Sparkling Water	2.35
Water Service Still Water	2.49

Eye ()pening BREAKFAST

Breakfast Additions	
Fresh Fruit Granola Yogurt Parfaits	4.00
Fresh Fruit Cups	3.49
Assorted Yogurt Cups	1.79
Bagels and Cream Cheese	2.50
Freshly Squeezed Orange Juice	3.00
Bottled Water	2.49
Freshly Brewed Starbucks Iced Coffee	1.95

Executive Breakfast Buffet

19.95

French Toast, Pure Maple Syrup, Scrambled Eggs (Egg Whites or Just Egg Available Upon Request), Smoked Bacon, Sausage Patties, Home Fries, Sliced Fresh Fruit, Breakfast Pastries, Butter, Preserves, Cream Cheese, Freshly Squeezed Orange Juice, Regular and Decaffeinated Starbucks Coffee

Breakfast Bakery

7.95

Freshly Baked Mini Muffins, Bagels, Pastries and Croissants, Butter, Preserves, Cream Cheese, Bowl Seasonal Fruit, Freshly Squeezed Orange Juice, Regular and Decaffeinated Starbucks Coffee.

Healthy Start

9.95

Freshly Baked Mini Muffins, Tea Bread, Whole Wheat Bagels, Berry Yogurt Parfaits, Bowl of Seasonal Fruit, Freshly Squeezed Orange Juice, Regular and Decaffeinated Starbucks Coffee,.

Greek Yogurt Bar

9.95

Greek Yogurt, Granola, Seasonal Berries, Raisins, Dried Cranberries, Honey, Pure Maple Syrup Freshly Squeezed Orange Juice, Regular and Decaffeinated Starbucks Coffee

Avocado Toast Bar

13.95

Toasted Seven Grain Bread, Mashed Avocado, Tomatoes, Red Onions, Cucumbers, Capers, Smoked Salmon, Chopped Bacon, Hard Boiled Eggs, Baby Arugula, Fresh Dill, Freshly Squeezed Orange Juice, Regular and Decaffeinated Starbucks Coffee

Hot Cereal Bar

7.35

Steel Cup Oatmeal, Raisins, Dried Cranberries, Cinnamon, Walnuts, Granola, Brown Sugar, Pure Maple Syrup, Freshly Squeezed Orange Juice, Regular and Decaffeinated Starbucks Coffee

Specialty SANDWICHES

Lunch Additions

Soup of the Day 2.25
Hummus & Vegetables Cup 2.50
House Made Guacamole & Tortilla Chips 3.75
House-Made Chips 2.50



Included with Specialty Sandwich Spreads:

Two Salads, Chips, Freshly Baked Cookies & Brownies or Signature Bar, Assorted Soft Beverages, Still & Sparkling Water

Choose up to 4 Sandwiches

13.99

ALL AMERICAN FAVORITES

Roast Turkey, Brie Cheese, Honey Mustard, Baguette Smoked Ham, Pepperjack, Spring Mix, Chipotle

Mayo, Ciabatta

Rare Roast Beef, Caramelized Onions, Boursin Cheese, Baguette

Crispy Buffalo Chicken Wrap, Blue Cheese Dressing

Smoked Turkey, Cabbage Slaw, Swiss Cheese, Rye

Grilled Southwest Chicken, Sautéed Pepper & Onion, Lemon-Lime Aioli

<u>ITALIAN</u>

Grilled Chicken, Fresh Mozzarella, Roasted Red Pepper and Pesto Mayonnaise, Ciabatta

Spicy Ham, Salami, Provolone Cheese, Lettuce, Tomato & Onion Grilled Chicken Caesar Wrap, Shredded Romaine, Parmesan Cheese

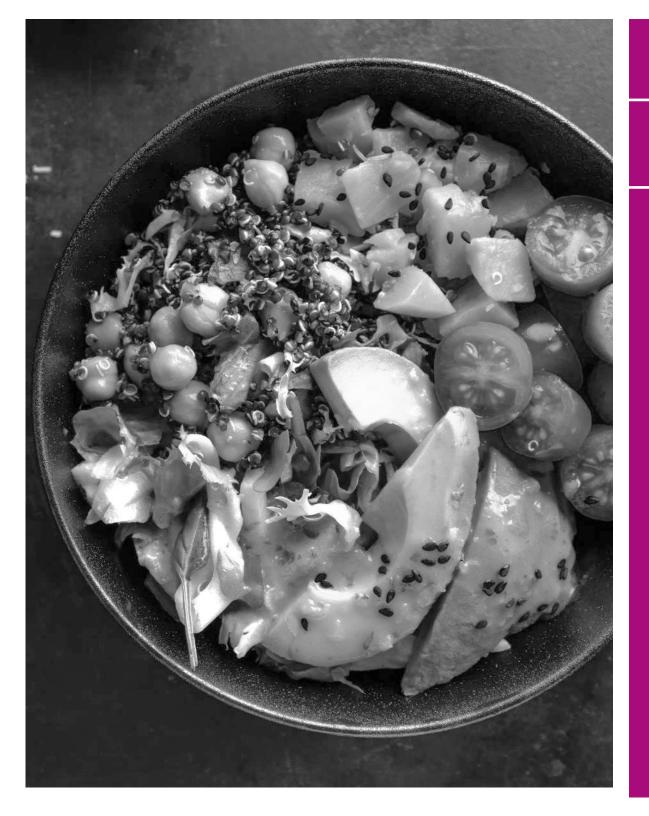
VEGETABLE

Balsamic Roasted Vegetables, Swiss Cheese, Whole Wheat Wrap Caprese - Fresh Mozzarella, Tomato, Fresh Basil, Balsamic Glaze, Ciabatta Roll

Grilled Eggplant, Hummus, Roasted Red Pepper, Spinach Wrap

FROM THE SEA

Tuna Salad, Cucumber, Whole Grain Roll Cajun Shrimp Salad, Wrap Shrimp Salad, Pumpernickel



Build Your ()wn SALADS

Harvest Salad

22.25

Crisp Romaine Lettuce, Tomatoes, Olives, Cucumbers, Broccoli, Carrots, Peppers, Seasonal Grilled Vegetables, Grated Parmesan, Crumbled Feta Cheese, Two House Made Dressings

Grain Salad 24.25

Mixed Baby Greens, Quinoa, Avocado, Cucumbers, Olives, Tomatoes, Dried Cranberries, Edamame, Broccoli, Cauliflower, Sunflower Seeds, Goat Cheese, Parmesan Cheese, Two House Made Dressings

Cobb Salad 24.25

Romaine, Tomatoes, Roasted Corn, Fresh Avocado, Chopped Egg, Red Onion, Cucumber, Crumbled Bacon, Crumbled Bleu Cheese, Two House Made Dressings

Add (2) Proteins to any salad choice

- Grilled Marinated Chicken Breast
- •Lemon Pepper Spiced Shrimp
- Balsamic Grilled Flank Steak

Included with salad choice

Bowl of Fruit Salad, Freshly Baked Cookies, Assorted Soft Beverages, Still & Sparkling Water

Specialty LUNCH BUFFETS

Chef's Table Buffet (choose 1 entrée & 2 sides)

Poultry

- •Oven Roasted Turkey, Rosemary Gravy
- Chicken Teriyaki

Meat

- •Sundried Tomato, Spinach, Mozzarella Stuffed Pork
- Grilled Flank Steak, Chimichurri

Seafood

- •Seared Salmon Filet, Corn Relish
- •Shrimp Scampi

Vegetarian/Plant Based

- Egaplant Parmigiano
- •Penne Pasta, Beyond Sausage

Sides

- Mashed Potatoes
- Roasted Broccoli
- •Steamed Jasmine Rice
- Roasted Potatoes
- Roasted Mix Seasonal Vegetables

Included with your selection

Mixed Green Salad, House Made Dressing, Freshly Baked Cookies, Assorted Soft Beverages, Still & Sparkling Water American BBQ
BBQ Beef Brisket, Pulled Pork, Glazed Cauliflower Steak, Cole Slaw,
Braised Greens Caramelized Onions, Mixed Green Salad, Ranch
Dressing, Corn Bread, Honey Butter

Classic Italian 30.95

Chicken Parmesan, Shrimp Fra Diavolo, Penne Primavera, Roasted Broccoli , Caprese Salad, Caesar Salad, Garlic Bread

Tagueria 30.95

Served with Flour Tortillas. Chicken Tinga, Pork Carnitas, Chili Spiced Black Beans, Cilantro Rice, Fajita Vegetables, Tortilla Chips, House Made Guacamole, Fire Roasted Tomato Salsa, Mexican Crema, Pickled Red Onions, Cilantro, Limes

East Asia 30.95

Kung Pao Chicken, Lemongrass Ginger Shrimp, Sweet Chili Tofu, Jasmine Rice, Curry Coconut Vegetables, Asian Edamame Salad, Sesame Ginger Dressing

Spirit of India 30.95

Chicken Tikka Masala, Coconut Curry Shrimp, Chana Masala, Steamed Basmati Rice, Roasted Cauliflower, Tomato Chutney, Naan Bread

Mediterranean 30.95

Chicken Oreganato, Classic Moussaka, Steamed Brown Rice, Artichokes, Tomato, Olives, Hummus, Grilled Asparagus, Marinated Greek Vegetable Salad, Cucumber Raita, Pita

The Core - VIP - 72 Hours Notice - Summer Menu

Arugula Salad, Grilled Peaches, Feta, Mint, Summer Honey Vinaigrette, Lump Crab Stuffed Shrimp wrapped around Rosemary, Roasted Red Pepper Cream, Strout Braised Short Rib, Caramelized Cipollini, Gremolata, Sliced Free Range Cut Chicken Breast, Artichokes, Sundried Tomatoes, Capers, White Whine Sauce, Skillet-Charred Summer Beans, Mizo Butter, Grilled Herb Fingerling Potatoes, Individual Fruit Tart, Brandy Berry Sauce

Included with each spread

Freshly Baked Cookies, Assorted Soft Beverages, Still & Sparkling Water

Let's Take a BREAK

AM BREAK

Build Your Own Parfait

9.95

Greek Yogurt, Seasonal Berries, Raisins, Dried Cranberries, Almonds, Granola, Honey & Maple Syrup

Regular and Decaffeinated Coffee, Still & Sparkling Water

Mini Croissants

6.95

Smoked Ham and Caramelized Onion, Sausage and Cheddar Cheese, Egg White and Turkey Sausage, Regular and Decaffeinated Coffee, Still & Sparkling Water

PM BREAK

Tortilla Chip Bar

6.99

Corn Tortillas Guacamole, Black Bean Salsa, Corn Tomato Salsa, Sour Cream, Jalapeno Cheese Sauce, Assorted Soft Beverages, Still & Sparkling Water

Pretzel Bites

5.99

Honey Mustard Spicy Mustard, Queso Dip, Assorted Soft Beverages, Still & Sparkling Water

Grilled and Raw Vegetables 7.99

Grilled Eggplant, Zucchini, Summer Squash, Raw Carrots, Red Peppers,, Red Pepper Hummus,

Baked Whole Wheat Pita Chips, Assorted Soft Beverages, Still & Sparkling Water

Bruschetta Break

5.99

Assorted Crisps and Flatbreads Tomato Basil, Kalamata Olive, Assorted Soft Beverages, Still & Sparkling Water

Hummus Break 6.99

Sparkling Water

Traditional Chic Pea Hummus, Roasted Red Pepper Hummus, Assorted Crisps and Pita Chips Assorted Soft Beverages, Still &

Cookie & Brownie Break 6.99

Chocolate Chip Cookies, Oatmeal Cookies, Brownies, Regular and Decaffeinated Coffee, Ice Teas, Still & Sparkling Water

Artisan Cheese 11.50

A Selection Of Domestic, Imported and Local Cheeses, Dried and Seasonal Fruits, Crisps, Flatbreads and Crostini, Assorted Soft Beverages, Still & Sparkling Water

OTHER BREAK SELECTIONS

Assorted Candy Bars

Sliced Fruit Salad Crudite with Dip Hummus & Vegetable Freshly Baked Cookies Brownie Bars Tortilla Chips w/ Guacamo	3.49 3.49 3.49 2.00 2.00	Trail Mix Cups House- Made Chips Candy Cups Cheese Platter	2.49 2.00 2.49 3.49
Tortilla Chips w/ Guacamo	le 3.49		
Whole Fruit	1.29		

2.00

Hot or Cold HORS D'OEUVRES

COLD

Earth

- Grilled Crostini, Fresh Ricotta, Heirloom Tomatoes
- •Brie Cheese Crostini, Caramelized Onion
- Vegan Celeriac Slaw on Herb Grilled Pita, Apple Chutney

Sea

- Mini Lobster Roll, Micro Celery
- •Smoked Salmon on Rye, Dill Cream Grapefruit Supreme

Land

- Curried Chicken Salad, Toasted Coconut
- •Sliced Sirloin, Tuscan Crisp, Tomato Fondue
- Prosciutto Crostini, Fig Jam, Mascarpone
- •Shaved Imported Prosciutto, Manchego, Truffle Honey

Please call the office to discuss your parties needs at 973-245-5500

HOT

Earth

- •Stuffed Portobello Mushroom, Crispy Goat Cheese
- Vegan Curried Red Lentil Shooter
- •Potato & Plant Base Beef Empanada
- Mozzarella en Carozza

Sea

- Pan Seared Scallop with Honey Dijon, Avocado Sauce
- •Baked Lump Crab Dip
- Pina Colada Coconut Shrimp
- Maryland Crab Cakes, Smoked Remoulade

Land

- Masa Harina Crusted Fried Chicken, Tangerine Honey
- Mini Short Rib Arancini, Truffle Parmesan Cream
- Burrata Crostini, Filet Mignon



The Sweet FINALE

Warm Brownie A la Mode

10.99

Warm Brownie, Vanilla Ice Cream on the Side, Chocolate Syrup & House-Made Whip Cream, Starbucks Coffee Service & Bottled Water

Berry Pound Cake

10.99

Macerated Berries, Whipped Cream, Sliced Pound Cake, Starbucks Coffee, Tea Service & Bottled Water

Ice Cream Sundae Party

6.79

Assorted Ice Creams and Toppings

Personalized Cakes

Quarter Sheet (Serves 15-20 People) 65.00/Cake Half Sheet (Serves 30-40 People) 105.00/Cake Full Sheet (Serves 60-75 People) 170.00/Cake

Choose from the Following Cake Flavors:

Yellow, Chocolate, Red Velvet, Carrot, Marble

Fillings:

Strawberries, Chocolate, Cannoli, Vanilla Cream

Frosting:

Cream Cheese, Whipped Cream, Butter Cream, Chocolate Mousse, Mocha Butter Cream

Specialty Flavored Cakes

Carrot, Triple Chocolate Layer, German Chocolate, Strawberry Shortcake, Tres Leches