

GENETIC TESTING FOR PERSONALIZED NUTRITION

WHY NUTRIGENOMIX

Nutrigenomics is a scientific discipline that uses modern genomics technology to study the relationship between genes, nutrition, and health. It allows us to understand how our genes affect the way we respond to the foods, beverages, and supplements we consume. This DNA-based dietary advice program can result in increased employee motivation and enhanced compliance compared to population-based recommendations. Click <u>HERE</u> to learn more.

HOW IT WORKS

- It's a simple, non-invasive saliva test
- Uses the most stringent standards for privacy and security CLIAcertified and CAP-accredited
- Comcast's Registered Dietitian, Courtney Gill, will facilitate the testing and then meet with guests for a 60- minute one-on-one nutrition counseling session to help interpret results and provide personalized nutrition recommendations based on the information uncovered

COST & WHAT'S INCLUDED

\$379 each which includes:

- 70-gene saliva test which addresses factors that influence weight management, cardiovascular health, food intolerances, physical activity, eating habits, nutrient metabolism, and more.
- 60-minute virtual one-on-one nutrition counseling session with Comcast's Registered Dietitian, Courtney Gill, to interpret results
- Hardcopy printed report mailed directly to you

LET'S GET STARTED

To order your Nutrigenomix test, CLICK HERE

Questions? contact ivy.mumo@compass-usa.com

TEST INCLUDES 70-GENES THAT IMPACT:

weight management

nutrient metabolism

cardiometabolic health

> food intolerances

> > physical activity

eating habits

...and more!