

GRAB & GO

SNACKS & BITES

TUNA SALAD CUP	3	YOGURT PARFAIT	3
GRILLED CHICKEN	4	SMALL FRUIT CUP	2.25
HUMMUS & CRUDITE	2.25	LARGE FRUIT CUP	3
HARD-BOILED EGGS & ARUGULA	2	MUFFIN	1.50

SALAD, SANDWICHES & WRAPS

CHICKEN CAESAR SALAD	7	HAM & SWISS ON PRETZEL BUN	7
BUFFALO CHICKEN SALAD	7	PEANUT BUTTER & JELLY SANDWICH	2.50
		CHICKEN CAESAR WRAP	6.50
		BUFFALO CHICKEN WRAP	7

FALL SEASONAL SELECTION

APPLE PARFAIT ROASTED APPLE, CINNAMON, HONEY	3	SOUTHWEST SHAKER SALAD BLACKBEANS, CORN, RED PEPPER & CHEDDAR	8
ROASTED APPLE OVERNIGHT OATS	3.25	TURKEY APPLE & BRIE WHEAT WRAP	8
ROASTED PORTABELLO WRAP BALSAMIC, WHITE BEAN, KALE, TOMATO	6.50	ROASTED BEET SALAD SPINACH, FETA, CITRUS, PICKLED ONION	7
LOADED POTATO SALAD BACON, CHEDDAR CHEESE, SCALLIONS	2.75	SIDE SALES: FALL GREENS CRANBERRY, POACHED PEAR, BACON, BLUE CHEESE, MAPLE VIN	3.25
CHARCUTERIE BENTO	5.50		