

M E N U

Week of
October 14th

MERCEDES BENZ

Deli

Monday – Thursday

Caprese, Balsamic Glaze,
Ciabatta

Chicken, Avocado, Tomato,
Spinach Wrap

Smoked Turkey BLT

Cuban Sandwich

M

Charred Tomato, Chipotle, Lime Soup **VGN**

PIZZA

Buffalo Chicken Pizza

Pepperoni, Sausage, Cheese, Vegan Cheese &
Vegetable

GRILL

Kielbasa, Sauteed Peppers & Onions, Hoagie

SALAD BAR

Roasted Beet Salad, Horseradish Vinaigrette **VGNFIT**

T

Egg Drop Soup

Vegan Chickpea Noodle **VGN FIT**

ACTION

Fried Chicken

Creamy Mac & Cheese, Braised Greens

GRILL

Fajita Vegetable Quesadilla

SALAD BAR

Roasted Beet Salad, Horseradish Vinaigrette **VGNFIT**



W

Chicken & Corn Chowder

Vegan Split Pea Soup **VGN**

ACTION

HISPANIC HERITAGE MONTH

Lomo Negro

Mashed Potatoes, Sauteed Spinach

GRILL

Buffalo Chicken Wings, Celery & Carrots

SALAD BAR

Roasted Beet Salad, Horseradish Vinaigrette **VGNFIT**



TH

Creamy Tomato, Basil Soup

Mushroom Barley Soup **VGN FIT**

ACTION

Kimchi Fried Rice Bowl

Garlic Chicken, Ponzu Tofu Crispy Wontons,
Sambal, Soy Sauce, Cucumber Salad, Shredded
Cabbage, Pickled Daikon

GRILL

Classic Patty Melt, Chips

SALAD BAR

Roasted Beet Salad, Horseradish Vinaigrette **VGNFIT**

F

Asparagus Leek, Potato Soup **VGN FIT**

PIZZA

Sausage, Onion, Ricotta Pizza

Pepperoni, Sausage, Cheese, Vegan Cheese &
Vegetable

GRILL

Grilled Bratwurst Hoagie, Chips

BOWL'D

Monday – Thursday

Middle Eastern Bowl

Lemon & Oregano Chicken,
Saffron Basmati Rice,
Marinated Chickpeas, Spicy
Roasted Butternut Squash,
Flat Bread, Tzatziki, Harissa,
Pickled Red Onion,
Cucumber Tomato Salad

Food by FLIK