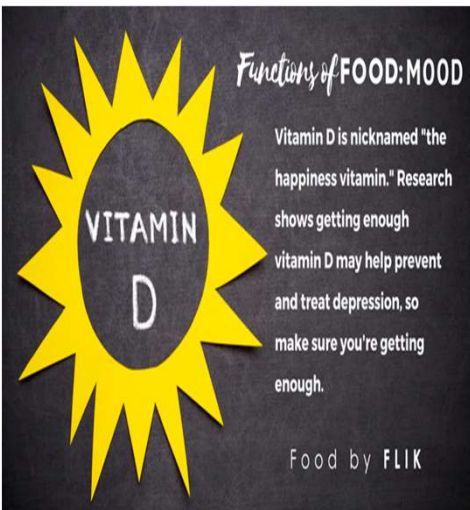


Breakfast Innovations

- M** Egg, Egg White, Broccoli Cheddar Scramble **FIT**
- T** Inova Complementary Breakfast Celebration
- W** Bacon Cheddar Frittata **FIT**
- Th** Biscuit, Sausage Gravy
- F** Spinach, Mushroom Frittata **FIT**



- M** Chicken Basil, Cannelini Bean Soup **FIT** 4.50
- VEGAN Lentil Soup 4.50
- SUB BAR**, 6 inch Sub Roll
- Chicken Marsala **FIT** 9.50
- Grilled Bratwurst, Sauerkraut 9.50
- Roasted Wedge Potatoes, Cheddar Cheese Sauce 3.50
- Roasted Broccoli, Garlic **FIT VEGAN** 2.50

- Deli** Cranberry Chicken Salad **FIT** 8.50
- Salad** Macaroni Salad **FIT VEG**
- Dessert** Red Velvet Cupcake **VEG** 4.50

- T** Pasta Fagioli, Italian Sausage Soup 4.50
- Potato Leek Soup **FIT** 4.50

ASIAN PACIFIC CUISINE

- Vietnamese Pork, Sriracha Light Mayo, Pickled Daikon and Carrot **FIT** 9.25
- Curry Black Pepper Salmon **FIT** 10.00
- Steamed Jasmine Rice **FIT VEG** 2.50
- Roasted String Beans and Eggplant **VEG** 2.50

- Deli** Egg Salad Multigrain **FIT** 7.50

- Salad** Asian Cabbage Slaw **FIT VEG**
- Dessert** Mango Mousse Cake **VEG** 4.50

- W** Turkey, Quinoa Vegetable Soup **FIT** 4.50
- Cream of Broccoli Cheddar Soup 4.50

Inova Food Truck Celebration

- Grilled Lemon Pepper Chicken **FIT** 9.50
- Baseball Steaks Smothered in Onions 10.00
- Macaroni and Cheese 3.50
- Steamed Broccoli **FIT VEGAN** 2.50

- Deli** Tuna Salad Wrap **FIT** 7.50

- Salad** **MOOD FOODS** Roasted Carrot, Lemon Herb Tofu, Pesto Vinaigrette **FIT**

- Dessert** Apple Crisp, Oatmeal Topping **FIT VEG** 4.50

- TH** Beef Barley Soup **FIT**
- Chili Pepper Black Bean Soup 5.00
- 4.50

- Quesadillas**, Sauce Verde, Sour Cream, Salsa, Cheddar
- Flank Steak and Cheese Quesadilla 10.00
- Grilled Chipotle Chicken **FIT** Quesadilla 9.50
- Cilantro Jalapeno Green Rice 2.50
- Steamed Zucchini Cilantro **FIT VEG** 2.50

- Deli** Crispy Ranch Chicken Avocado Wrap **FIT** 8.50

- Salad** Black Bean, Roasted Corn Salad **FIT VEG**

- Dessert** Inova Complementary Dessert Celebration 4.50

- F** Manhattan Mussel Chowder **FIT** 5.00
- Mushroom Bisque 4.50

BYO PASTA BAR. Bow Tie, Spaghetti, Penne, Parmesan, Roasted Red Peppers

- Chicken Cacciatore **FIT** 9.50
- Shrimp Spaghetti, Penne Vodka 10.00
- Homemade Garlic Knots 2.50
- Balsamic Glazed Vegetables **FIT VEGAN** 2.50

- Deli** Egg Salad Wheat Bread **FIT** 8.50

- Salad** Zucchini Herb Tomato Salad **FIIT VEGAN**

- Dessert** Grande Marnier Cake **VEG** 4.50