

NOURISHING YOUR NEEDS

Fidelity Eats Icons Defined

Earn 5 points for every dollar spent on healthy and sustainable criteria food items including salad bars and these four categories



Items meet specific criteria for calories, saturated fat, and sodium;
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Entrees with at least 50% plant ingredient and less than 2 oz animal protein



LOOK FOR THE FIDELITY EATS ICON ON MENU BOARDS TO CHOOSE THESE ITEMS THAT HAVE REDUCED PRICES AND EARN MAXIMUM LOYALTY POINTS

Additional Icons Defined



VEGAN

Contain no ingredients from animals or animal byproducts; such as: milk products, eggs, honey, gelatin, whey, casein, rennet



VEGETARIAN

Does not contain meat, fish or poultry but may contain milk products and/or eggs



Identifies food items prepared in our kitchens made without gluten containing ingredients.

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Identifies food items prepared in our kitchens made without milk (cow, sheep, goat) containing ingredients. [View Details](#)



Items sourced from nearby farms and producers



Hyperlocal ingredients grown on-site