

NOURISHING YOUR NEEDS

Fidelity Eats Icons Defined

Earn 5 points for every dollar spent on healthy and sustainable criteria food items including salad bars and these four categories



Items meet specific criteria for calories, saturated fat, and sodium; [View Details](#)



Entrees with at least 50% plant ingredient and less than 2 oz animal protein



Dishes made with ingredients with health improving attributes

REGENERATIVE AGRICULTURE

Powerfully regenerative cover crop ingredients. ☉☉ look for these ingredients in the café highlighted at the salad and yogurt bar: farro, sorghum, crimson lentils, beluga lentils, jicama, bok choy, flax seeds, chia seeds



LOOK FOR THE FIDELITY EATS ICON ON MENU BOARDS TO CHOOSE THESE ITEMS THAT HAVE REDUCED PRICES AND EARN MAXIMUM LOYALTY POINTS

Additional Icons Defined



VEGAN

Contain absolutely no ingredients from animals or animal byproducts; such as: milk products, eggs, honey, gelatin, whey, casein, rennet



VEGETARIAN

Does not contain meat, fish or poultry but may contain milk products and/or eggs



Identifies food items prepared in our kitchens made without gluten containing ingredients. [View Details](#)



Identifies food items prepared in our kitchens made without milk (cow, sheep, goat) containing ingredients. [View Details](#)



Items sourced within 250 miles of your location



Hyperlocal ingredients grown on-site