



M

- Tuscan Lentil Soup **FIT V+ AG AM** | Creamy Potato, Bacon Cheddar Soup 1.55★ | 3.00
- SRIRACHA SOY MISO TOFU FIT V+ AM | GENERAL TSO'S CHICKEN** 6.25★ | 10.95  
Vegetable Fried Rice **FIT V+ AG AM** | Sauteed Chinese Broccoli **FIT V+ AG AM**
- \***Deli** Grilled Chicken Caesar Wrap 7.30
- \***Grill** Teriyaki Turkey Mushroom Burger, Grilled Pineapple, Whole Wheat Bun **FIT ☞ AM** 4.05★
- Action** Nacho Bar: Vegetable Bean Chili **FIT V** | Chicken Chili **FIT** 6.25★
- Pop Ups** *Gourmet India* 9.35

T

- Creamy Lemon Chicken Noodle Soup **FIT** | Creamy Potato, Bacon Cheddar Soup 1.55★ | 3.00
- BUTTERNUT SQUASH, KALE, MUSHROOM LASAGNA FIT V AG | BEEF LASAGNA** 6.25★ | 10.95  
Roasted Cauliflower, Parmesan Cheese **FIT V AG** | Roasted Green Beans, Garlic **FIT V+ AG AM**
- \***Deli** Grilled Chicken Black Bean Roasted Corn Salsa, Guacamole, White Wrap **☞ AM** 4.05★
- \***Grill** Jerk Chicken Pineapple Smash Burger, Citrus Jicama Slaw, Whole Wheat Bun **FIT** 4.05★
- Action** Nacho Bar: Vegetable Bean Chili **FIT V** | Chicken Chili **FIT** 6.25★
- Pop Ups** *Hen* : Stir Fry Chicken | Crispy Chicken Noodle 9.35

W

- Creamy Lemon Chicken Noodle Soup **FIT** | Chicken, Sausage Jambalaya **AG AM** 1.55★ | 3.00
- LEMON HERB CAULIFLOWER "STEAK" FIT V+ AG AM | GRILLED SALMON KALE STEM PUMPKIN SEED PESTO FIT AG** 6.25★ | 7.15★  
Farro **FIT V+ AM** | Broccoli Slaw, Ginger, Cilantro **FIT V+ AG AM**
- \***Deli** Chipotle Chicken Stuffed Avocado **FIT ☞ AM** 4.05★
- \***Grill** Harissa Salmon Burger, Dill Cucumber Relish, Whole Wheat Bun **FIT** 4.05★
- Action** *Buffalo*: Chicken, Cauliflower, Tofu Wraps and Salads 4.55★ | 8.50

Th

- Spicy Chili Carrot Coconut Turmeric Soup FIT V+ AG AM** | Chicken, Sausage Jambalaya **AG AM** 1.55★ | 3.00
- VEGETABLE TAGINE FIT V+ AM | HARISSA, GARLIC CHICKEN THIGH FIT AM** 6.25★  
Moroccan Couscous Pilaf **FIT V+ AG AM** | Moroccan Carrots **FIT V+ AG AM**
- \***Deli** Tomato, Fresh Mozzarella, Thin **FIT V** 2.90★
- \***Grill** Refried Bean, Chorizo, Cheese Melt, Pico, Telera Roll **☞** 4.05★
- Action** *Indian Broth Bowl*: Masala Spiced Tofu **FIT** | Tandoori Chicken **FIT ☞** 6.25★

F

- Spicy Chili Carrot Coconut Turmeric Soup **FIT V+ AG AM** | New England Clam Chowder 1.55★ | 3.55
- STUFFED PORTOBELLO, SPINACH, RICE, FETA, SUNFLOWER SEEDS FIT V AG | CORNFLAKE RANCH CHICKEN FIT** 6.25★  
Mashed Sweet Potatoes **FIT V AG** | Steamed Broccoli, Red Peppers **FIT V+ AG AM**
- \***Deli** BBQ Chicken, Cheddar, Coleslaw, Whole Wheat Wrap 7.30
- \***Grill** Pork Mushroom Bahn Mi Meatball, Pickled Carrot, Daikon, Sub Roll **☞ AM** 4.05★
- Action** *Indian Broth Bowl*: Masala Spiced Tofu **FIT** | Tandoori Chicken **FIT ☞** 6.25★



Your dining website is your one-stop-shop for all things dining!

\*All deli and grill orders should be placed via your **My Quickcharge** account OR the kiosks near the café entrance **POP UPS AVAILABLE FROM 11AM-2PM**  
 ★ Earns 5 points/\$ | **FIT** based on nutrition criteria | **Functional Foods** ingredients with health improving attributes | **☞** plant centric: mostly vegetables, limited meat | **V+** vegan | **V** vegetarian | **AG** avoiding gluten | **AM** avoiding milk | **☞** Functional Fuel: a complete meal focused on ingredients to fuel your mind & body

Before placing your order, please inform your server if a person in your party has a food allergy. Items subject to availability.