# Hot Lunch Menu 07/07 - 07/11

#### Monday

- Mixed Greens, Red Onion, Blueberries, Dried Cranberries, Pepitas, Poppyseed Dressing V+ DF GF
- Honey Roasted Carrots, Marinated Beets, Ricotta Salata, Rosemary Vinaigrette V GF
- Grilled French Cut Chicken, Marinated Mushrooms, Peas, Citrus Chicken Demi DF GF
- Skirt Steak, Soubise Sauce, Herbs, Chives GF \*
- Sauteed Kale, Hot Honey, Garlic Chips, Lemon Vinaigrette V DF GF
- Red Rice Pilaf V GF

#### Tuesday

- ▶ Wild Arugula, Red Grapes, Parmesan, Crispy Shallots, Lemon Dressing V GF
- Cucumber, Tomato, Chickpeas, Tzatziki Dressing V GF
- Roasted Herb Chicken, Fig Agrodolce DF GF
- Charred Monkfish, Roasted Leeks & Capers, Sherry Wine Reduction DF GF
- Roasted Broccolini, Fennel Pollen, Pesto V GF
- Roasted Herbed Fingerling Potatoes V+ DF GF

#### Wednesday

- Butter Lettuce, Goat Cheese, Shallot, Beets, Red Wine Vinaigrette V GF
- Farro, Roasted Seasonal Vegetables, Herbs, Apple Cider Dressing V+ DF
- Seared Salmon, Blistered Cherry Tomato, Calabrian Chile Butter Sauce GF
- Zaatar Grilled Chicken, Pomegranate Molasses, Tabbouleh DF
- Roasted Seasonal Vegetables, Zucchini, Eggplant, Shallot, Cherry Tomatoes, Herbs V+ DF GF
- Bucatini Pasta, Olives, Lemon Zest, Basil, Toasted Breadcrumb, EVOO V+ DF

#### Thursday

- Romaine, Cherry Tomatoes, Red Onion, Dill Buttermilk Ranch V GF
- Roasted Corn, Radish, Cucumber, Scallion, Arugula, Rice Wine Vinaigrette V GF
- Coconut Miso Cod, Crispy Lemongrass, Cilantro DF
- ▶ Koji Marinated Coulotte Steak, Caramel Soy Sauce Glaze, Scallion, Sesame Seed DF GF
- Seared Brussel Sprouts, Sauteed Leeks, Chili Oil, Mirin, Herbs V+ DF
- Steamed Sushi Rice V+ DF GF

#### Friday

- Shaved Red & Green Cabbage, Shredded Carrots, Bell Peppers, Chipotle Dressing V+ DF GF
- Radicchio, Grilled Artichoke, Cannellini Beans, Cherry Tomatoes, Parmesan, Thyme Herb Vinaigrette V GF
- Shrimp, Marinated Cabbage Slaw, Crispy Tortilla Strips, Sriracha Aioli DF GF
- Grilled Chicken, Mojo Sauce, Sauteed Tomato Herb Hominy DF GF
- Chili Lime Roasted Asparagus, Cotija V GF
- Herbed Cilantro Lime Quinoa V+ DF GF

Buffets Are Accompanied By A Mixed Green And A Composed Side Salad, Dinner Rolls, House Baked Cookies, Brownies And Seasonal Cut Fruit V = Vegetarian V+ = Vegan DF = Dairy Free GF = Gluten Free \* = Ambient

# Deli Lunch Menu 07/07 - 07/11

#### Monday

- Mixed Greens, Red Onion, Blueberries, Dried Cranberries, Pepitas, Poppyseed Dressing V+ DF GF
- Honey Roasted Carrots, Marinated Beets, Ricotta Salata, Rosemary Vinaigrette V GF
- > Oven Roasted Turkey, Red Pepper Mayo, Arugula, Provolone, Heirloom Tomato, Rustic Roll
- Honey Ham, Organic Greens, Parmesan, Ciabatta
- Tuna Salad, Kewpie, Dill, Celery, Red Onion, Multigrain Bread DF
- Heirloom Tomato, Basil, Mozzarella, Balsamic, Arugula V

#### Tuesday

- ▶ Wild Arugula, Red Grapes, Parmesan, Crispy Shallots, Lemon Dressing V GF
- Cucumber, Tomato, Chickpeas, Tzatziki Dressing V GF
- Sundried Tomato Chicken, Olives, Pesto, Mozzarella, Sourdough
- BLT, Applewood Smoked Bacon, Tomato, Lettuce, Garlic Mayo, Sesame Roll DF
- Smoked Salmon, Chive & Caper Cream Cheese, Watercress, Pickled Onion, Everything Roll
- Zaatar Roasted Vegetables, Red Pepper Hummus, Naan, Herbs, Spinach V+ DF

#### Wednesday

- Butter Lettuce, Goat Cheese, Shallot, Beets, Red Wine Vinaigrette V GF
- ► Farro, Roasted Seasonal Vegetables, Herbs, Apple Cider Dressing V+ DF
- Balsamic Chicken, Heirloom Tomato, Avocado, Little Gem Lettuce, Kaiser Roll DF
- Roast Beef, Tarragon Remoulade, Arugula, Pepperoncini, Havarti, Sourdough
- Chipotle Roasted Shrimp Wrap, Cilantro Crema, Romaine, Mango Pineapple Salsa
- Classic Egg Salad, Red Onion, Celery, Parsley, Arugula, Multigrain V

#### Thursday

- Romaine, Cherry Tomatoes, Red Onion, Dill Buttermilk Ranch V GF
- Roasted Corn, Radish, Cucumber, Scallion, Arugula, Rice Wine Vinaigrette V GF
- Oven Roasted Turkey, Swiss, Arugula, Pickles, Croissant
- Pastrami, Swiss, Thousand Island, Sauerkraut, Rye
- Crab Salad Wrap, Spinach, Pickled Onion, Herbs, Citrus, Roasted Corn DF
- Mixed Vegetables, Artichoke, Zucchini, Romesco, Watercress, Ciabatta V+ DF

#### Friday

- Shaved Red & Green Cabbage, Shredded Carrots, Bell Peppers, Chipotle Dressing V+ DF GF
- Radicchio, Grilled Artichoke, Cannellini Beans, Cherry Tomatoes, Parmesan, Thyme Herb Vinaigrette V GF
- ▶ Herb Chicken Breast, Pepper Jack, Arugula, Honey Mustard, Pretzel Roll
- Black Forest Ham, Brie Cheese Spread, Mixed Greens, Onion Roll
- Shrimp, Pickle Relish, Lettuce, Tomatoes, Baguette DF
- Greek Salad Pita, Feta, Olives, Cucumbers, Cherry Tomatoes, Pita Pocket V

Buffets Are Accompanied By A Mixed Green And A Composed Side Salad, Dinner Rolls, House Baked Cookies, Brownies And Seasonal Cut Fruit

V = Vegetarian V+ = Vegan DF = Dairy Free GF = Gluten Free<sup>2</sup>

# Build A Bowl Menu 07/07 - 07/11

#### <u>Poke Bowl</u>

#### Protein:

- A1 Line Caught Tuna DF
- Teriyaki Chicken DF

#### **Greens & Grains:**

- Bowery Farms Mixed Greens V+ DF GF
- Sushi Rice v+ DF GF
- Accompaniments:
- Avocado V+ DF GF
- Cucumber v+ DF GF
- Seaweed V+ DF GF
- Mango V+ DF GF
- Carrot V+ DF GF
- Pickled Ginger V+ DF GF
- Cilantro V+ DF GF
- Dressing:
- Sesame Soy Dressing V+ DF GF
- Sriracha Aioli V DF GF

Buffets Are Accompanied By A Mixed Green And A Composed Side Salad, Dinner Rolls, House Baked Cookies, Brownies And Seasonal Cut Fruit

V = Vegetarian V+ = Vegan DF = Dairy Free GF = Gluten Free

# Allergies & Intolerances

We encourage guests to ask to speak to the Chef or Manager regarding any questions about ingredients contained in the food being considered. Menu items will be marked with the icons pictured below.

Please note we will make every effort to accommodate special requests. However, due to our open kitchens that handle the major allergens, gluten and other ingredients for the preparation of other menu items, we cannot guarantee that items will be completely "free" of any ingredient.

