

The Eatery Weekly Menu

April 28st

Menu is subject to change

All Week Long

Bundle It	½ Sandwich + 8oz Soup	5.00
The Salad Bar	Farro Butternut Salad	6.00
Sushi	Rainbow Roll	13.20

Monday

Flik 5 at The Grill	5.00
Chicago Hot Dogs	
Pizza Station	6.00
Spicy Italian Peperoni, Salami, Jalapeno	
Soup at The Deli	2.50/3.50
Potato Bacon Chowder	
Creamy Tomato Zucchini Basil VEG	
Stir Fry at World Fare	6.50
General Tso's Chicken, Vegetable Lo Mein	
The Kitchen	0.60/oz
Beef Moussaka	
Pan Seared Chicken Marsala	
Garlic Eggplant, Herb Orzo VEG	

Chicken Sausage Paella

Sides: Roasted Cauliflower, Roasted Tomato Feta Cheese, Lemon Green Beans

Tuesday

Flik 5 at The Grill	
Buffalo Chicken Tenders	5.00
Pizza Station	
Chicken, Arugula, Balsamic Glaze	6.00
Soup at The Deli	
Kale, Pork Sausage Soup	2.50/3.50
Cauliflower Parmesan VEG	
Global Entrée at World Fare	
Taco Bowl	5.00/8.00
Protein: Adobo Chicken, Tofu	

The Kitchen

Flank Steak Chimichurri	0.60/oz
Lemon Pepper Rotisserie Chicken	
Zucchini Crab Cake VEG	
Beef Baked Ziti	

Sides: Mashed Potatoes, Roasted Carrots, Roasted Brussels Sprouts

Wednesday

Flik 5 at The Grill	5.00
Lemon Pepper Wings	
Pizza Station	6.00
Spinach, & Roasted Mushroom	
Soup at The Deli	2.50/3.50
Chicken Florentine	
Vegan Lentil VEG	
Global Entrée at World Fare	5.00/8.00
Caribbean Bowl	
Protein: Jerk Chicken, Jerk Tofu	
The Kitchen	0.60/oz
Beef Brisket	

Argentinian Rotisserie Chicken

Jerk Tofu VEG

Beef Lasagna

Sides: Steamed Broccoli, Collard Greens, Mac & Cheese

Thursday

Flik 5 at The Grill	5.00
Turkey Burger, Avocado	
Pizza Station	6.00
California Bacon Club	
Soup at The Deli	2.50/3.50
Greek Chicken Soup	
White Bean Kale Rosemary Soup VEG	
Global Entrée at World Fare	5.00/8.00
Shawarma Bowl	
Protein: Chicken, Falafel	
The Kitchen	6.50
Turkey Scaloppini, Lemon Caper Sauce	
Chicken Parmesan	0.60/oz
Stuffed Shells Marinara Sauce VEG	

Arroz con Pollo

Sides: Herb Roasted Eggplant, Italian Herb Roasted Zucchini Squash, Olive Oil Penne Pasta

Friday

Flik 5 at The Grill	5.00
Fish Tacos	
Pizza Station	6.00
BBQ Chicken Onions	
Soup at The Deli	2.50/3.50
Creamy Potato Jalapeno Cheddar Soup VEG	
Stir Fry at World Fare	6.50
Ginger Chicken Broccoli, Vegetable Fried Rice	

The Kitchen

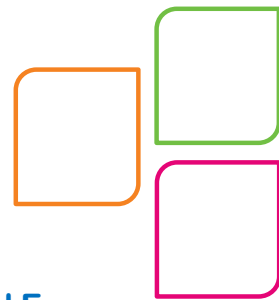
Beef Stew, Vegetables

Pan Seared Salmon, Pineapple Salsa

Grilled Tofu Pineapple Salsa

Sides: Roasted Mushrooms, Jasmine Rice, Vegetable Medley

The Eatery Breakfast Menu



Breakfast Grill

Breakfast Quesadilla	4.25
Bacon, Egg & Cheese Biscuit	4.15
Egg & Cheese Croissant	4.25
Air Fried Chicken Biscuit	4.15
Breakfast Burrito	4.25
BYO Breakfast Sandwich	4.75
BYO Vegetarian Breakfast Sandwich	4.50
Pancakes	3.50
French Toast	5.00
BYO Grit Bowl	3.25
BYO Scramble	4.00
Vegetarian BYO Scramble	3.50
Eggs Your Way	0.85
Bacon	0.85
Chicken Sausage	0.90
Pork Sausage Patty	0.90
Breakfast Potatoes	1.05

Avocado Toast & Yogurt Bar at The Deli

Avocado Toast Bar	4.00
Smashed Avocado, Cucumber, Grape Tomatoes, Hard Boiled Egg, Arugula, Feta Cheese, Smoked Salmon (+\$3), Artisanal Sliced Bread	

Includes Toppings

Fruit & Yogurt Bar	
Fresh Fruit Cup	1.25
Add Greek Yogurt	+0.75
Add Strawberry or Vanilla Yogurt	+0.50
Oatmeal	2.20 /12oz
Grits	2.20 /12oz

Omelets at World Fare

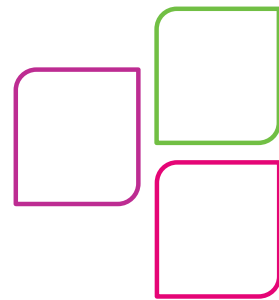
Cheese Omelet	5.00
Cage free Eggs, Cheddar Cheese	
Denver Omelet	5.50
Ham, Bell Pepper, Red Onion, Cheddar	
Egg White Spinach	6.50
Mushroom, Bell Pepper	
Build Your Own Omelet	6.50

Smoothie & Juice Bar at Coffee Bar II

Daily rotating snacks & protein bites available.

Smoothies	6.95/16oz
Strawberry & Banana	
Mango, Pineapple, Spinach	
Berry & Banana	
Carrot, Citrus, Strawberry	

The Eatery Lunch Menu



The Salad Bar

Rotating quick pick salads & weekly specials available.

Build Your Own Salad	8.00
<i>Add Rotating Hot Protein</i>	
Grilled Salmon	+4.00
Grilled Buffalo Chicken	+2.00
Quinoa Grain Patty	+2.00
<i>Add Chilled Protein</i>	
Salmon	+4.00
Shrimp	+2.00
Chicken	+2.00

The Grill

Weekly specials available.

Rotating Grill Special + Kettle Chips	5.00
Grilled Smash Burger	3.85
Grilled Smash Cheeseburger	4.40
Beef Philly Sandwich	7.50
Turkey Burger, Pepperjack	4.40
Beyond Burger	3.85
Grilled Chicken Sandwich	4.40
Chicken Quesadilla	7.50
Cheese Quesadilla	6.00
Air Fried Crispy Chicken Sandwich	4.95
Air Fried Chicken Tenders	5.00
Air Fried French Fries	1.95
Tater Tots	1.95
Kettle Chips	.85
Garden Salad	2.50

Pizza Station

Build your own & daily specials available.

Pepperoni	6.50
Cheese	6.00
Four Meat	6.50
Roasted Vegetable	6.25
Daily Pizza Deal	5.00
Garden Salad	2.50
Caesar Salad	2.50

Soup at The Deli

Daily Soup	2.50/3.50
Daily Vegetarian or Vegan	2.50/3.50

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The Deli

Build your own & daily specials available.

Weekly Paninis & Flatbreads	
Smoked Turkey BLT	6.60
Portobello Goat Cheese Torta	5.90
Smoked Ham Cheddar Panini	6.60
Turkey Avocado Flatbread	6.60
Roasted Turkey Spinach Panini	6.60
Classic Deli Sandwiches	
Roasted Turkey	7.15
Black Forest Ham	7.15
Smoked Turkey	7.15
Grilled Vegetables	7.15
Albacore Tuna Salad	6.60
White Meat Chicken Salad	6.60
Egg Salad	6.60
Apple Wood Smoked Bacon (BLT)	5.75
Grilled Chicken	7.15
Air Fried Crispy Chicken	7.15
Grilled Cheese	5.15

Global Entrée at World Fare

Daily Special	5.00/8.00
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Stir Fry at World Fare

Daily Special	6.50
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Sushi Station at World Fare

Weekly specials available.

California Roll	7.15
Philly Roll	8.25
Shrimp Rainbow Roll	8.80
Spicy Roll, Salmon, Shrimp or Tuna	8.25
Tuna or Salmon Avocado Roll	8.80
Avocado Roll	7.15
Cucumber Roll	7.15
Sashimi and Nigiri	8.25
Poke Bowl	11.00/12.00

The Kitchen

Daily Rotating Menu	.60/oz
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