

Allergen Guide

Arnold & Porter DC - Café Breakfast

This guide identifies the major food allergens present in the menu items below, according to their ingredients. Please keep in mind that recipes and ingredients can change. If you need details about items or allergens not mentioned here, contact a manager for further information.

Menu Item	Milk	Wheat	Egg	Fish	Shellfish	Sesame	Soy	Peanuts	Tree Nuts	Vegan	Vegetarian
Fruit & Yogurt Bar											
Banana with Honey & Granola		Yes					Yes				Yes
Strawberry Yogurt	Yes										Yes
Plain Yogurt	Yes										Yes
Oats n' Honey Granola		Yes					Yes				Yes
Dried Cranberries										Yes	
Pumpkin Seeds										Yes	
Toast Bar											
Feta	Yes										Yes
Smashed Avocado										Yes	
Smoked Salmon				Yes							
Hard Boiled Egg			Yes								Yes
Butter	Yes										Yes
Cream Cheese	Yes										Yes
Grape Jelly										Yes	
Blackberry Jelly										Yes	
Strawberry Preserves										Yes	
Peanut Butter (PC)								Yes		Yes	
Sun Butter										Yes	
English Muffins	Yes	Yes					Yes				Yes
Hot Cereal											
Oatmeal		Yes								Yes	
Grits										Yes	
Breakfast Grill											
Egg			Yes								Yes
Egg White			Yes								Yes
Cheese	Yes										Yes
Scrambled Egg Whites			Yes								Yes
Scrambled Eggs			Yes								Yes
Scrambled Eggs, Cheddar Cheese	Yes		Yes								Yes
Turkey Sausage											
Pork Sausage											
Turkey Bacon											
Applewood Pork Bacon											
Vegetarian Sausage Patty	Yes	Yes	Yes				Yes				
Hash Brown Patty (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Tater Tots (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Buttermilk Pancake	Yes	Yes	Yes				Yes				Yes
French Toast	Yes	Yes	Yes				Yes				Yes
Breakfast Breads											
Muffins (sourced from a local vendor please see chef for allergen questions)											
Bagels (sourced from a local vendor please see chef for allergen questions)											
Cereals											
Cheerios										Yes	
Lucky Charms										Yes	
Raisin Bran		Yes								Yes	
Banana Chips										Yes	
Sugar										Yes	
Dried Cranberries										Yes	
Raisins										Yes	

"At Risk" indicates that the item carries precautionary allergen labeling due to cross contact with other allergens in shared fryers.
 "YES" contains the allergen

Disclaimers:

*Shared Fryer: Please be aware that the fryer is used to prepare a variety of foods, including items that may contain major food allergens including: milk, egg, wheat, shellfish, fish, soy, sesame.

Please be advised that common allergens, including egg, milk, wheat, soy, sesame, peanuts, tree nuts, fish, and shellfish are present in our facility. The potential for cross-contact is higher at self-serve, fryer, and made-to-order stations.

If you have a food allergy or special dietary need, please speak with a manager before making your selection.

Allergen Guide
Arnold & Porter DC - Café Lunch

This guide identifies the major food allergens present in the menu items below, according to their ingredients. Please keep in mind that recipes and ingredients can change. If you need details about items or allergens not mentioned here, contact a manager for further information.

Menu Item	Milk	Wheat	Egg	Fish	Shellfish	Sesame	Soy	Peanuts	Tree Nuts	Vegan	Vegetarian
Grill Proteins											
Turkey Burger Patty											
Veggie Burger Patty										Yes	
Grilled Chicken Breast											
Beef Burger Patty											
Philly Cheese Steak	Yes	Yes				Yes	Yes				
Grilled Salmon				Yes							
Chicken Tenders (fried)*	At Risk	Yes	At Risk	At Risk	At Risk	At Risk	At Risk				
Cheese Quesadilla	Yes	Yes					Yes				Yes
Grill Sides											
Onion Rings (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
French Fries, Shoestring (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Tater Tots (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Sweet Potato Tater Tots(fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Sweet Potato Fries (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Waffle Fries, (fried)*	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Steak Fries (fried)	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Grill Breads											
Buns & Rolls (local vendor, please see chef)											
Deil Proteins											
House Roasted Turkey Breast											
Smoked Turkey Breast											
Grilled Chicken											
Panko Crusted Crispy Chicken (fried)*	Yes	Yes	Yes	At Risk	At Risk	At Risk	At Risk				
Ham											
House Roasted Beef											
Tuna Salad			Yes	Yes							
Chicken Salad			Yes								
Egg Salad			Yes								Yes
Roasted Vegetables										Yes	
Coleslaw			Yes								
Deil Breads											
Sliced Bread & Specialty Rolls (local vendor, please see chef)											
Wraps (White, Wheat, Hearty Smart Grain, Spinach Herb, Tomato Basil)		Yes									
Sandwich Thins		Yes				Yes	Yes				
Spreads											
Mayonnaise			Yes								Yes
Chipotle Mayonnaise			Yes								Yes
Pesto Mayonnaise			Yes								Yes
Light Mayo			Yes								
Garlic Aioli			Yes								
Mustard										Yes	
Honey Mustard, Housemade			Yes								Yes
Silky Mustard										Yes	
Buffalo Sauce										Yes	
Pesto	Yes										Yes
Hummus						Yes				Yes	
Thousand Island			Yes								Yes
Balsamic Vinaigrette										Yes	
Ketchup										Yes	
Caesar Dressing, Anchovy	Yes		Yes	Yes							
Deil Toppings											
Bacon											
Cheese (American, Cheddar, Swiss, Mozzarella)	Yes										Yes
Avocado											Yes
Sides											
Carrot Sticks										Yes	
Pretzels	Yes									Yes	
FLIK Chips	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk	At Risk				
Potato Chips										Yes	
Salad Crudite											
Edamame							Yes			Yes	
Hard Boiled Egg			Yes								Yes
Salad Toppings											
Blue Cheese Crumbles	Yes										Yes
Feta cheese	Yes										Yes
Parmesan Cheese	Yes										Yes
Cheddar Cheese	Yes										Yes
CROUTONS	Yes	Yes	Yes			Yes	Yes				Yes
Salad Dressings											
Caesar Dressing, Anchovies	Yes		Yes	Yes							
Balsamic Vinaigrette										Yes	
Golden Italian										Yes	
Fat Free Italian										Yes	
Housemade Ranch	Yes		Yes								Yes
Desserts											
FLIK Signature Chocolate Chip Cookie	Yes	Yes	Yes				Yes				Yes
Brownies	Yes	Yes	Yes				Yes				Yes

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Revised: 8.6.2026

Allergen Guide

Arnold & Porter DC - Coffee Bar

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Menu Item	Milk	Wheat	Egg	Fish	Shellfish	Sesame	Soy	Peanuts	Tree Nuts	Vegan	Vegetarian
Milks											
Soy Milk							Yes			Yes	
Oat Milk										Yes	
Whole Milk, 2% Milk	Yes										Yes
Almond Milk									Yes	Yes	
Drink Mixes											
Chai Latte Concentrate										Yes	
Syrups											
Vanilla Syrup										Yes	
Sugar Free Vanilla Syrup										Yes	
Pecan Syrup									Yes	Yes	
Hazelnut Syrup										Yes	
Hibiscus Syrup										Yes	
White Chocolate Syrup										Yes	
Praline Syrup										Yes	
Classic Syrup										Yes	
Caramel Syrup										Yes	

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