

# hot lunch buffet

Week of April 28<sup>th</sup> – April 30<sup>th</sup>

## Tuesday

Entrée: Chicken Piccata  
Entrée: Roast Pork | Apples | Fennel  
Side: Grilled Broccoli Spears  
Side: Creamy Polenta | Mascarpone  
Deconstructed Salad | Butter Lettuce | Chives | Citrus Segments | Artichokes  
Radish | Feta  
Composed Salad | Pesto Pasta Salad

## Wednesday

Entrée: Lemon Oregano Shrimp  
Entrée: Panko Parmesan Crusted Chicken | Lemon Butter Sauce  
Side: Mashed Potatoes  
Side: Roasted Asparagus | Olive Oil | Sea Salt  
Deconstructed Salad | Mixed Greens | Corn | Pepperoncini | Olives  
Tomatoes | Red Onions  
Composed Salad | Vinegar Slaw

## Thursday

Entrée: Roasted Cod | Vizcaina Sauce  
Entrée: Bistec Encebollado ( Spanish Style Steak and Onions)  
Side: Yellow Rice | Peas | Roasted Tomatoes  
Side: Sauteed Zucchini and Squash Skillet  
Deconstructed Salad | Romaine | Marinated Cucumber | Onion | Green Olives  
Cherry Tomatoes | Roasted Peppers  
Composed Salad | Dried Fruit Rice Salad

# hot lunch buffet

Week of May 5<sup>th</sup> – May 7<sup>th</sup>

## Tuesday

Entrée: Beef Bulgogi | Sesame Seed

Entrée: Teriyaki Salmon

Side: Jasmine Rice

Side: Braised Bok Choy

Deconstructed Salad | Napa Cabbage | Radicchio | Carrots | Marinated Cucumbers |

Crispy Wonton | Edamame | Peppers

Composed Salad: Asian Soba Noodle Salad

## Wednesday

Entrée: Grilled Chicken Shawarma

Entrée: Lemon Oregano Roasted Pork Shoulder

Side: Herb Roasted Potatoes | Onions

Side: Grilled Eggplant

Deconstructed Salad | Arugula | Dried Tomatoes | Marinated Cucumbers

Spiced Chickpeas | Kalamata Olives | Artichokes | Feta

Composed Salad | Mediterranean Freekeh Salad

## Thursday

Entrée: Braised Beef Short Rib | Bourbon BBQ Sauce

Entrée: Grilled Rockfish, Grapefruit Salsa

Side: Sautéed Swiss Chard, Roasted Peppers

Side: Whipped Yukon Potatoes, Shallots

Deconstructed Salad | Romaine | Grilled Asparagus | Cherry Tomatoes | Black Bean

Avocado | Pickled Onion

Composed Salad: Cajun Grain Salad

# hot lunch buffet

Week of May 12<sup>th</sup> – May 14<sup>th</sup>

## Tuesday

Entrée: Chicken Scaloppini | Mushrooms  
Entrée: Roasted Stripped Bass | Herb Butter Sauce  
Side: Sautéed Spinach | Kale  
Side: Brown Rice | Onion | Basil  
Deconstructed Salad | Arugula | Roasted Tomato | Croutons  
Green Beans | Red Onion | Cucumber  
Composed Salad: Mediterranean Couscous Salad

## Wednesday

Entrée: Gnocchi | Asiago Cream Sauce | Broccolini | Roasted Red Peppers  
Entrée: Chicken Cacciatore  
Side: Toasted Orzo Pilaf  
Side: Sautéed Broccoli Rabe | Roasted Garlic | Red Pepper Flakes  
Deconstructed Salad | Romaine | Garbanzo Beans  
Olives | Hard Cooked Egg | Fresh Mozzarella | Heirloom Tomatoes  
Composed Salad: Toasted Barley | Basil | Tomato Salad

## Thursday

Entrée: Chipotle Garlic Flank Steak  
Entrée: Baked Shrimp Scampi | Linguini  
Side: Roasted Baby Carrots  
Side: Boursin Whipped Potatoes  
Deconstructed Salad | Baby Spinach | Pumpkin Seeds | Dried Apricots | Onion  
Artichoke | Olives | Cucumber  
Composed Salad | Heirloom Tomatoes | Basil | Olive Oil | Sea Salt

# hot lunch buffet

Week of May 19<sup>th</sup> – May 21<sup>st</sup>

## Tuesday

Entrée: Chicken Tikka Masala

Entrée: Palak Paneer

Side: Tandoori Cauliflower

Side: Cilantro Basmati Rice

Deconstructed Salad | Baby Kale | Red Cabbage | Cucumber | Onion | Tomatoes  
Radish | Spiced Chickpeas

Composed Salad | Cumin Lentil Pilaf Salad

## Wednesday

Entrée: Chicken Parmesan | Marinara

Entrée: Rosemary Honey Beef Tenderloin

Side: Penne | Basil | Roasted Tomatoes

Side: Roasted Zucchini | Herbs

Deconstructed Salad | Watercress | Hearts of Palm | Navy Beans | Celery  
Crispy Onions | Peppadew Peppers

Composed Salad: Farro Roasted Vegetable Salad

## Thursday

Entrée: Shrimp Etouffee

Entrée: Southern Fried Chicken Breast

Side: Aged Cheddar Grits | Buttermilk Biscuits

Side: Vegetarian Hoppin' John

Deconstructed Salad | Iceberg | Peas | Croutons | Pickled Celery | Radish  
Artichokes

Composed Salad: Potato Salad