



FLIK Hospitality Group is so excited to be part of the Humana Community.

Our team of Executive Chefs, Registered Dietitians, Marketing Leaders, and numerous passionate individuals make us one of the biggest leaders in the food service industry. Seasonality is first, in everything we do. Our chefs take pride in designing custom menu's that speak to the culture of their café. We promise that seasonality is present in our offerings and our commitment to serve you authentic food from fresh ingredients.

Please visit our dining website to learn more, text "Hcafe" to #99299 or on a desktop <http://flikcafes.compass-usa.com/Humana>

Look for Market Fare celebrations in our café to explore what the trendiest food halls around the country are serving. From Jian Bing – Chinese Street food to signature **FIT** Fried Rice Bowls, we give you a fusion of balanced tastes with wellness top of mind. Always made with **fresh ingredients**, resulting in great food.



Have a minute to socialize? Our Blog and social media accounts feature areas and topics that are fun to explore such as wellness, lifestyle tips, industry news, commentary from senior leadership and FLIK highlights. What better way to enjoy your meal than reading up on the latest and greatest. Check us out at FLIK-usa.com and on Social Media @FLIKhospitality